

Landesliga Nord

#	Rank	Name	Club	SWIM	BIKE	RUN	Time	StNr	Punkte	Summe	Platzziffer	Punkte
1	5	Hendrik Jansen	Marathon-Club Menden I	00:11:05	00:34:20	00:17:05	01:04:55	844	37	37		24
	6	Johannes Franke	Marathon-Club Menden I	00:11:04	00:32:36	00:19:47	01:05:26	841	37			
	10	Ralf Weier	Marathon-Club Menden I	00:11:35	00:31:18	00:20:46	01:06:01	842	37			
	16	Dirk Große	Marathon-Club Menden I	00:13:39	00:34:50	00:16:50	01:07:50	843	37			
2	4	Dirk Albanus	Tri Speed Marienfeld III	00:10:51	00:31:09	00:20:13	01:04:25	812	84	84		23
	18	Torsten Kerwien	Tri Speed Marienfeld III	00:10:45	00:34:58	00:21:01	01:08:35	810	84			
	26	Meinolf Ortkras	Tri Speed Marienfeld III	00:13:13	00:34:02	00:21:13	01:11:14	811	84			
	36	Robert Becker	Tri Speed Marienfeld III	00:11:29	00:35:15	00:23:32	01:12:46	809	84			
3	2	Hendrik Hassenkamp	SV Hullern 68	00:10:32	00:32:49	00:18:28	01:03:53	888	103	103		22
	9	Thorben Wachenfeld	SV Hullern 68	00:11:32	00:33:19	00:19:14	01:05:55	886	103			
	41	Thorben Lange	SV Hullern 68	00:12:29	00:35:50	00:22:55	01:13:11	887	103			
	51	Jan Rockahr	SV Hullern 68	00:11:30	00:37:57	00:22:37	01:14:01	885	103			
4	25	Eike Steckel	Hartman Team TVG Kaiserau II	00:12:50	00:34:39	00:20:46	01:11:07	829	127	127		21
	29	Benjamin Wolbert	Hartman Team TVG Kaiserau II	00:13:58	00:34:26	00:20:39	01:11:35	830	127			
	33	Adrian Hanisch	Hartman Team TVG Kaiserau II	00:12:28	00:34:57	00:22:35	01:12:15	832	127			
	40	Matthias Wagner	Hartman Team TVG Kaiserau II	00:12:52	00:34:06	00:23:13	01:12:53	831	127			
5	3	Kai D'Alquen	Triathlon Team Düsseldorf.V. III	00:12:27	00:31:29	00:18:15	01:04:04	860	137	137		20
	17	Marcel Van Eik	Triathlon Team Düsseldorf.V. III	00:11:38	00:33:17	00:20:12	01:08:16	858	137			
	51	Joachim Wehmeyer	Triathlon Team Düsseldorf.V. III	00:17:10	00:34:07	00:19:50	01:14:01	859	137			
	66	Jessica Von Zeppelin	Triathlon Team Düsseldorf.V. III	00:13:26	00:37:16	00:24:35	01:18:15	857	137			
6	14	Markus Nobbe	Sportverein Greven	00:13:17	00:32:26	00:19:33	01:07:37	818	139	139		19
	32	Matthias Kütz	Sportverein Greven	00:13:26	00:35:37	00:20:32	01:12:09	817	139			
	46	Frank Simon	Sportverein Greven	00:13:01	00:35:30	00:21:54	01:13:24	820	139			
	47	Martin Scharf	Sportverein Greven	00:13:52	00:37:13	00:20:07	01:13:36	819	139			
7	1	Moritz Schlenkhoff	W+F Münster IV	00:11:28	00:30:35	00:18:32	01:02:22	806	150	150		18
	21	Matthias Becker	W+F Münster IV	00:13:28	00:33:22	00:21:07	01:10:14	805	150			
	49	Ulrich Arnsberg	W+F Münster IV	00:15:42	00:35:12	00:20:16	01:13:51	808	150			
	79	Manuel Bräutigam	W+F Münster IV	00:14:26	00:39:58	00:25:29	01:23:10	807	150			
8	8	Tim Zarges	mw1 Tri Team TG Lage	00:11:09	00:34:34	00:17:59	01:05:31	894	155	155		17
	38	Lukas Fiebig	mw1 Tri Team TG Lage	00:12:30	00:37:50	00:20:31	01:12:52	893	155			

	54	Louis Meier	mw1 Tri Team TG Lage	00:13:57	00:37:48	00:20:11	01:14:13	896	155		
	55	Stefan Kästner	mw1 Tri Team TG Lage	00:13:25	00:34:24	00:24:07	01:14:15	895	155		
9	15	Herbert Schwaninger	Tri Team Steinfurt	00:12:38	00:30:46	00:20:58	01:07:46	863	158	158	16
	28	Jürgen Berghaus	Tri Team Steinfurt	00:14:23	00:35:14	00:19:47	01:11:32	861	158		
	37	Michael Einert	Tri Team Steinfurt	00:11:40	00:36:04	00:22:11	01:12:50	864	158		
	78	Kay Rensing	Tri Team Steinfurt	00:14:30	00:41:02	00:22:25	01:21:58	862	158		
10	12	Jörg Wagner	Tri-As Hamm	00:11:45	00:33:16	00:19:51	01:07:17	889	166	166	15
	30	Bernhard Langerbein	Tri-As Hamm	00:13:33	00:34:46	00:20:52	01:11:40	890	166		
	60	Carsten Friedrich	Tri-As Hamm	00:12:39	00:34:50	00:25:01	01:16:24	891	166		
	64	Lisa Friedrich	Tri-As Hamm	00:14:17	00:38:17	00:22:14	01:17:58	892	166		
11	7	Adrian Zingler	Radsporfrende Borken	00:11:02	00:34:02	00:17:52	01:05:28	884	169	169	14
	13	Marius Lange	Radsporfrende Borken	00:13:05	00:32:39	00:18:34	01:07:24	882	169		
	57	Tim Möllmann	Radsporfrende Borken	00:14:20	00:35:01	00:22:26	01:14:47	881	169		
	92						DNS		169		
12	19	Jan Krottenhan	TV Werne 03 Wasserfreunde e.V. II	00:11:46	00:32:02	00:22:32	01:08:47	847	174	174	13
	35	Ralf Koch	TV Werne 03 Wasserfreunde e.V. II	00:12:30	00:34:52	00:22:55	01:12:33	845	174		
	45	Philip Peters	TV Werne 03 Wasserfreunde e.V. II	00:12:46	00:35:36	00:22:34	01:13:22	846	174		
	75	Thomas Eder	TV Werne 03 Wasserfreunde e.V. II	00:17:18	00:38:42	00:21:34	01:21:37	848	174		
13	20	Martin Itter	Marathon-Club Menden II	00:13:04	00:32:56	00:20:45	01:09:05	878	177	177	12
	22	Michael Nottebohm	Marathon-Club Menden II	00:14:08	00:33:49	00:19:37	01:10:16	877	177		
	48	Matthias Imhoff	Marathon-Club Menden II	00:13:44	00:35:59	00:21:48	01:13:48	879	177		
	87	Silke Weier	Marathon-Club Menden II	00:14:01	00:42:13	00:28:39	01:28:24	880	177		
14	27	Claus Wieczorek	Viermärker Dortmund II	00:12:36	00:35:27	00:20:49	01:11:22	824	201	201	11
	43	Felix Bohle	Viermärker Dortmund II	00:12:19	00:36:48	00:21:11	01:13:17	822	201		
	62	Jörg Huskotte	Viermärker Dortmund II	00:13:24	00:38:14	00:21:36	01:17:16	823	201		
	69	Lukas Kosche	Viermärker Dortmund II	00:14:14	00:37:11	00:23:57	01:18:57	821	201		
15	11	Martin Sandmann	1. Tri Team Gütersloh III	00:14:28	00:32:26	00:17:31	01:06:24	855	211	211	10
	53	Manfred Ullbrock	1. Tri Team Gütersloh III	00:13:26	00:36:42	00:20:39	01:14:07	854	211		
	73	Eugen Wotschel	1. Tri Team Gütersloh III	00:12:24	00:39:38	00:26:09	01:20:59	856	211		
	74	Nicole Mütter	1. Tri Team Gütersloh III	00:15:17	00:37:54	00:24:13	01:21:27	853	211		
16	24	Olaf Steinhagen	SuS Stadtlohn	00:13:10	00:33:06	00:22:03	01:10:28	804	208	208	9
	34	Michelle Alferink	SuS Stadtlohn	00:11:36	00:36:21	00:22:17	01:12:29	801	208		

	58	Enrico Meier	SuS Stadtlohn	00:12:29	00:36:32	00:23:53	01:15:32	803	208		
	92						DNS		208		
17	23	Ben Hölscher	Triathlon Team Selm	00:12:58	00:33:20	00:21:22	01:10:27	874	246	246	8
	50	Axel Hohmann	Triathlon Team Selm	00:12:59	00:34:51	00:23:00	01:14:00	875	246		
	86	Kamil Bober	Triathlon Team Selm	00:18:21	00:41:06	00:24:24	01:27:28	873	246		
	87	Christoph Bochon	Triathlon Team Selm	---	---	---	DNF	876	246		
18	38	Jan Grüner	DJK Eintracht Coesfeld	00:12:06	00:35:10	00:22:52	01:12:52	813	250	250	7
	64	Bernd Mevenkamp	DJK Eintracht Coesfeld	00:14:36	00:36:55	00:23:45	01:17:58	815	250		
	67	Eugen Rensing	DJK Eintracht Coesfeld	00:14:42	00:35:24	00:24:58	01:18:38	816	250		
	81	Jakob Kallabis	DJK Eintracht Coesfeld	00:14:27	00:43:10	00:23:03	01:23:27	814	250		
19	43	Alexander Boehm	LV Tristar Oelde II	00:14:04	00:34:14	00:22:55	01:13:17	850	250	250	6
	63	Jason Coulthard	LV Tristar Oelde II	00:15:28	00:37:43	00:21:57	01:17:37	851	250		
	68	Frank Pietschke	LV Tristar Oelde II	00:15:42	00:37:46	00:22:14	01:18:53	852	250		
	76	Pia Gerke	LV Tristar Oelde II	00:13:53	00:41:57	00:22:45	01:21:40	849	250		
20	31	Jens Schöning	TSVE 1890 Bielefeld TEAM III	00:12:34	00:34:32	00:22:25	01:11:54	836	274	274	5
	71	Yaron Engel	TSVE 1890 Bielefeld TEAM III	00:16:23	00:37:54	00:22:59	01:20:10	834	274		
	83	Marco Schütte	TSVE 1890 Bielefeld TEAM III	00:15:32	00:41:24	00:25:09	01:25:26	835	274		
	89	Christoph Jürgensmeier	TSVE 1890 Bielefeld TEAM III	00:16:30	00:42:15	00:25:22	01:29:02	833	274		
21	56	Daniel Steinbach	TuS 09 Erkenschwick II	00:12:52	00:36:36	00:21:49	01:14:33	838	278	278	4
	61	Oliver Kullik	TuS 09 Erkenschwick II	00:14:31	00:36:00	00:23:34	01:16:53	840	278		
	77	Simon Jungesblut	TuS 09 Erkenschwick II	00:12:17	00:40:06	00:25:46	01:21:47	839	278		
	84	Martina Jungesblut	TuS 09 Erkenschwick II	00:14:17	00:41:14	00:26:28	01:26:06	837	278		
22	42	Kai Haverkamp	Lauf Team Unna	00:16:53	00:34:19	00:19:40	01:13:16	865	282	282	3
	72	Tobias Thielmann	Lauf Team Unna	00:16:07	00:37:21	00:24:13	01:20:23	866	282		
	80	Carsten Mittmann	Lauf Team Unna	00:16:32	00:38:35	00:24:15	01:23:15	867	282		
	88	Andreas Amberger	Lauf Team Unna	00:17:26	00:42:28	00:24:25	01:28:54	868	282		
23	59	Tom Knoke	Tri Team Ruhrpott Herne	00:12:56	00:36:52	00:22:27	01:15:33	870	296	296	2
	70	Leonid Lewtschenko	Tri Team Ruhrpott Herne	00:15:26	00:38:02	00:22:36	01:19:37	871	296		
	82	Georg Temme	Tri Team Ruhrpott Herne	00:17:49	00:39:31	01:28:11	01:25:13	872	296		
	85	Sandra Janeck	Tri Team Ruhrpott Herne	00:16:38	00:38:57	00:26:19	01:26:34	869	296		

Oberliga Frauen

#	Rank	Name	Club	SWIM	BIKE	RUN	Time	StNr	Punkte	Summe	Platzziffer	Punkte
1	7	Pauline Wieczorek	Viermärker Dortmund	00:11:09	00:36:29	00:22:00	01:11:49	1345	34	34		28
	8	Franka Herbst	Viermärker Dortmund	00:11:03	00:37:47	00:21:47	01:12:47	1343	34			
	19	Hanna Höffner	Viermärker Dortmund	00:11:18	00:37:57	00:24:50	01:16:48	1344	34			
2	2	Christina Lemper	Tri Speed Marienfeld II	00:12:28	00:33:40	00:20:09	01:08:28	1326	51	51		27
	11	Melanie Berkemeier	Tri Speed Marienfeld II	00:13:51	00:36:43	00:20:56	01:13:38	1325	51			
	38	Celine Ortkras	Tri Speed Marienfeld II	00:11:40	00:38:58	00:27:25	01:20:58	1327	51			
3	9	Jennifer Hochheim	Hildener AT-Triathlon	00:13:48	00:35:20	00:21:53	01:12:54	1301	54	54		26
	19	Maya von Czerniewicz	Hildener AT-Triathlon	00:14:53	00:36:03	00:22:49	01:16:48	1303	54			
	26	Claudia Klaffl	Hildener AT-Triathlon	00:14:48	00:37:07	00:23:32	01:18:21	1302	54			
4	1	Katrin Harnischmacher	Marathon-Club Menden	00:09:17	00:35:50	00:19:42	01:06:41	1346	60	60		25
	17	Julia Jansen	Marathon-Club Menden	00:13:09	00:39:16	00:21:41	01:16:46	1347	60			
	42	Pauline Simon	Marathon-Club Menden	00:13:02	00:41:35	00:25:03	01:21:52	1348	60			
5	3	Iris Gülденpenning	TSVE 1890 Bielefeld	00:11:50	00:35:23	00:19:40	01:08:59	1305	71	71		24
	12	Meike Wocken	TSVE 1890 Bielefeld	00:12:39	00:38:25	00:21:33	01:14:40	1304	71			
	56	Uta Schulze	TSVE 1890 Bielefeld	00:19:01	00:41:58	00:23:41	01:29:50	1306	71			
6	18	Blanca Torres Vara	Mach3 Köln III	00:11:30	00:40:01	00:22:02	01:16:47	1336	77	77		23
	28	Chantal Sarah Greven	Mach3 Köln III	00:13:12	00:37:18	00:25:06	01:18:38	1335	77			
	31	Nicole Mete	Mach3 Köln III	00:13:19	00:37:36	00:25:17	01:19:49	1334	77			
7	6	Laura Hasselbach	Kölner Triathlon Team 01 V	00:11:40	00:35:27	00:22:00	01:11:06	1330	80	80		22
	13	Saskia Schmidt	Kölner Triathlon Team 01 V	00:11:50	00:40:04	00:21:07	01:15:01	1329	80			
	61	Frauke Lenatz	Kölner Triathlon Team 01 V	00:16:08	00:48:51	00:32:35	01:40:35	1328	80			
8	5	Nele Klönhammer	WEICON Tri Finish Münster II	00:11:24	00:35:20	00:21:31	01:10:55	1315	85	85		21
	25	Sandra Hennen	WEICON Tri Finish Münster II	00:13:05	00:38:51	00:24:19	01:18:13	1314	85			
	55	Julia Voß	WEICON Tri Finish Münster II	00:16:27	00:41:54	00:27:31	01:29:40	1313	85			
9	24	Liz Roche	TriCologne	00:15:44	00:37:02	00:21:03	01:18:07	1321	88	88		20
	27	Katrin Meyer	TriCologne	00:14:24	00:38:23	00:22:29	01:18:25	1319	88			
	37	Petra Kaletta	TriCologne	00:13:16	00:39:54	00:24:04	01:20:36	1320	88			
10	23	Anika Wienke	LTV Lippstadt	00:12:36	00:39:12	00:23:34	01:17:47	1366	91	91		19
	33	Vera Böhmfeld	LTV Lippstadt	00:13:18	00:39:06	00:24:47	01:20:02	1364	91			
	35	Sara Delli Zotti	LTV Lippstadt	00:11:16	00:41:59	00:24:27	01:20:19	1365	91			

11	10	Laura Irlé	RSV Osthelden	00:12:37	00:36:52	00:21:36	01:13:30	1372	91	91	18
	36	Petra Kölsch	RSV Osthelden	00:16:16	00:38:16	00:22:50	01:20:35	1371	91		
	45	Julia Brase	RSV Osthelden	00:12:48	00:39:03	00:27:15	01:22:41	1370	91		
12	4	Carina Fierek	Nispa TriTeam HADI Wesel	00:14:51	00:34:23	00:17:55	01:09:47	1359	101	101	17
	44	Sabine Schenk	Nispa TriTeam HADI Wesel	00:14:36	00:40:46	00:23:29	01:22:33	1360	101		
	53	Eva Hoverath	Nispa TriTeam HADI Wesel	00:13:40	00:42:35	00:28:04	01:27:11	1358	101		
13	14	Sonja Thole	SG Welper	00:14:25	00:35:53	00:22:15	01:15:13	1368	105	105	16
	32	Jacqueline Herweg	SG Welper	00:11:16	00:41:22	00:24:19	01:19:52	1367	105		
	59	Katrin Prange	SG Welper	00:19:58	00:41:47	00:28:39	01:34:29	1369	105		
14	21	Eva Keiten-Schmitz	Triathlon Team Indeland Eschweiler	00:12:57	00:39:53	00:21:40	01:16:52	1381	105	105	15
	41	Wiebke Finke	Triathlon Team Indeland Eschweiler	00:16:20	00:38:19	00:24:34	01:21:43	1379	105		
	43	Aline Brüll	Triathlon Team Indeland Eschweiler	00:13:20	00:39:42	00:25:44	01:21:54	1380	105		
15	29	Anna-Maria Etmann	SC Altenrheine I	00:11:12	00:38:49	00:26:21	01:18:59	1351	113	113	14
	34	Ingrid König	SC Altenrheine I	00:16:37	00:36:55	00:23:11	01:20:10	1350	113		
	50	Marietheres Rudolph-Me	SC Altenrheine I	00:14:44	00:39:40	00:26:53	01:24:55	1349	113		
16	22	Julia Werner	Bocholter WSV	00:13:00	00:36:07	00:24:10	01:17:10	1318	121	121	13
	39	Nadine Ostendorf	Bocholter WSV	00:14:01	00:39:00	00:25:17	01:21:21	1317	121		
	60	Isabell Pascher	Bocholter WSV	00:14:55	00:41:41	00:35:56	01:36:37	1316	121		
17	16	Marei Müller	Fahrrad Helmig - SV Teuto Riesenbeck	00:13:19	00:37:45	00:21:43	01:15:23	1342	128	128	12
	54	Christa Tebbe	Fahrrad Helmig - SV Teuto Riesenbeck	00:19:50	00:39:10	00:26:46	01:29:36	1341	128		
	58	Kira Konermann	Fahrrad Helmig - SV Teuto Riesenbeck	00:19:15	00:44:27	00:27:14	01:33:56	1340	128		
18	15	Winnie Timans	SV Bergisch Gladbach	00:10:59	00:39:03	00:23:11	01:15:20	1378	129	129	11
	30	Sonja Stieffenhofer	SV Bergisch Gladbach	00:11:48	00:40:36	00:25:05	01:19:26	1376	129		
	84		SV Bergisch Gladbach				DNS		129		
19	40	Ida Haurand	Mönchengladbacher TV	00:14:29	00:38:41	00:25:59	01:21:40	1375	138	138	10
	47	Sabine Schmidt	Mönchengladbacher TV	00:14:10	00:40:40	00:25:47	01:23:40	1373	138		
	51	Anna-Katharina Esser	Mönchengladbacher TV	00:15:40	00:40:34	00:25:28	01:25:08	1374	138		
20	46	Frauke Steffen	TV Werne 03 Wasserfreunde e.V.	00:11:00	00:40:20	00:28:27	01:22:56	1324	143	143	9
	48	Juliane Koch	TV Werne 03 Wasserfreunde e.V.	00:13:15	00:40:46	00:27:32	01:24:12	1323	143		
	49	Lena Bremerich	TV Werne 03 Wasserfreunde e.V.	00:14:34	00:41:32	00:25:08	01:24:15	1322	143		
21	52	Laura Hayen	mettmann-sport II	00:14:45	00:40:01	00:28:40	01:26:30	1355	181	181	8
	64	Kathrin Leuwer	mettmann-sport II	00:14:59	00:45:40	00:41:25	01:45:48	1357	181		

	65	Heide Förster	mettmann-sport II	00:15:24	00:44:32	---	DNF	1356	181		
22	57	Sabine Becher	TPSK 1925 e.V. Köln	00:13:38	00:41:27	00:32:25	01:30:56	1331	203	203	7
	62	Judith Lövenich	TPSK 1925 e.V. Köln	00:13:47	00:46:37	00:38:50	01:42:35	1333	203		
	84		TPSK 1925 e.V. Köln						203		
23	63	Silke Wette	Hartman Team TVG Kaiserau	00:17:35	00:46:42	00:35:01	01:44:05	1337	212	212	6
	65	Lisa Steinke	Hartman Team TVG Kaiserau	00:13:56	00:41:05	---	DNF	1338	212		
	84		Hartman Team TVG Kaiserau						212		
24	84		SSF Bonn Triathlon IV						252	252	0
	84		SSF Bonn Triathlon IV						252		
	84		SSF Bonn Triathlon IV						252		
24	84		Tri Team Hagen III						252	252	0
	84		Tri Team Hagen III						252		
	84		Tri Team Hagen III						252		
24	84		TuS Xanten						252	252	0
	84		TuS Xanten						252		
	84		TuS Xanten						252		
24	84		TV Schiefbahn						252	252	0
	84		TV Schiefbahn						252		
	84		TV Schiefbahn						252		
24	84		Starlight Team Essen						252	252	0
	84		Starlight Team Essen						252		
	84		Starlight Team Essen						252		

Regionalliga Männer

#	Rank	Name	Club	SWIM	BIKE	RUN	Time	Penal StNr	Punkte	Summe	Platzziffer	Punkte
1	1	Johannes Franzky	ASV Köln I	00:10:48	00:30:29	00:15:58	00:59:13	218	64		64	20
	15	Niclas Hackenbroch	ASV Köln I	00:11:48	00:31:59	00:16:53	01:02:49	219	64			
	22	Matthias Elskamp	ASV Köln I	00:10:24	00:31:19	00:20:00	01:04:04	217	64			
	26	Stephan Kempkes	ASV Köln I	00:09:32	00:33:51	00:19:18	01:04:58	220	64			
2	1	Ben Althoff	LV Tristar Oelde	00:10:00	00:30:43	00:16:44	00:59:13	253	77		77	19
	16	Stefan Raulf	LV Tristar Oelde	00:11:31	00:31:54	00:17:33	01:03:02	255	77			
	20	Hendrik Simm	LV Tristar Oelde	00:09:59	00:32:40	00:18:48	01:03:37	256	77			
	40	Jens Brodka	LV Tristar Oelde	00:14:11	00:32:36	00:17:52	01:06:37	254	77			

3	6	Jan-Phillip Wies	WEICON Tri Finish Münster III	00:09:38	00:31:07	00:17:38	01:00:30	227	81	81	18	
	21	Julian Wolking	WEICON Tri Finish Münster III	00:10:41	00:33:12	00:18:16	01:03:59	225	81			
	25	Jonas Küpper	WEICON Tri Finish Münster III	00:10:02	00:34:20	00:18:29	01:04:37	228	81			
	29	Florian Stegmann	WEICON Tri Finish Münster III	00:10:22	00:35:34	00:17:22	01:05:07	226	81			
4	3	Sebastian Schmitt	PV Triathlon TG Witten IV	00:10:17	00:30:40	00:16:36	00:59:14	266	85	85	17	
	4	Marius Güths	PV Triathlon TG Witten IV	00:10:27	00:30:50	00:16:19	00:59:18	268	85			
	32	Torsten Endres	PV Triathlon TG Witten IV	00:11:24	00:31:35	00:19:59	01:05:24	267	85			
	46	Simon Damm	PV Triathlon TG Witten IV	00:11:45	00:34:23	00:19:10	01:07:33	265	85			
5	8	Timm de Jong	Brander SV Tri Team I	00:09:59	00:32:27	00:16:38	01:01:06	+2mir	233	98	98	16
	10	Léo Michel	Brander SV Tri Team I	00:09:53	00:32:34	00:17:23	01:01:33		236	98		
	27	Alexander Wolf	Brander SV Tri Team I	00:12:38	00:32:23	00:17:40	01:05:01		235	98		
	53	Jörg Boeven	Brander SV Tri Team I	00:11:54	00:33:19	00:21:03	01:09:11		234	98		
6	5	Jan Seewald	TRC Essen 84 II	00:10:33	00:30:20	00:17:17	01:00:02		240	112	112	15
	33	Christian Siewert	TRC Essen 84 II	00:10:06	00:32:19	00:20:21	01:05:28		237	112		
	36	Jörg Mettlach	TRC Essen 84 II	00:10:35	00:33:39	00:19:37	01:05:51		238	112		
	38	Fabian Karst	TRC Essen 84 II	00:11:21	00:34:13	00:18:41	01:06:26		239	112		
7	9	Lennard Peters	Fensterdesign Ungruh SV Teuto Riese	00:13:04	00:29:46	00:15:44	01:01:24		249	126	126	14
	12	Sebastian Kitte	Fensterdesign Ungruh SV Teuto Riese	00:11:29	00:30:27	00:18:12	01:02:31		250	126		
	47	Henrik Lachmann	Fensterdesign Ungruh SV Teuto Riese	00:11:37	00:34:47	00:18:58	01:07:51		252	126		
	58	Oliver Berghaus	Fensterdesign Ungruh SV Teuto Riese	00:13:25	00:34:45	00:21:27	01:12:04		251	126		
8	14	Mike Mannz	Mach3 Köln	00:12:48	00:31:22	00:16:30	01:02:44		202	127	127	13
	28	Janning Trumann	Mach3 Köln	00:12:27	00:32:20	00:17:43	01:05:02		201	127		
	30	Ludwig Belz	Mach3 Köln	00:11:23	00:33:33	00:17:36	01:05:09		203	127		
	55	Markus Schick	Mach3 Köln	00:13:07	00:36:00	00:18:44	01:09:54		204	127		
9	17	Julius Drees	Tri Club Wuppertal	00:12:34	00:31:23	00:17:12	01:03:22		241	141	141	12
	34	Jan Eggert	Tri Club Wuppertal	00:12:31	00:32:21	00:18:07	01:05:36		243	141		
	39	Lars Beer	Tri Club Wuppertal	00:11:23	00:35:22	00:17:50	01:06:35		242	141		
	51	Thilo Knipping	Tri Club Wuppertal	00:11:53	00:34:14	00:19:39	01:08:39		244	141		
10	7	Tobias Oelmeier	Kölner Triathlon Team 01 IV	00:10:15	00:30:34	00:18:04	01:00:41		214	146	146	11
	19	Finn Willars	Kölner Triathlon Team 01 IV	00:10:26	00:34:23	00:17:06	01:03:33		213	146		
	52	Dennis Bender	Kölner Triathlon Team 01 IV	00:11:52	00:35:11	00:19:36	01:08:51		216	146		
	68		Kölner Triathlon Team 01 IV				DNS			146		

11	13	Bastian Weiss	SC Bayer 05 Uerdingen III	00:10:22	00:30:30	00:19:48	01:02:37	263	149	149	10
	42	Manfred Assmann	SC Bayer 05 Uerdingen III	00:13:15	00:32:38	00:19:02	01:06:49	261	149		
	44	Maximilian Heide	SC Bayer 05 Uerdingen III	00:10:36	00:35:40	00:18:37	01:06:56	264	149		
	50	Tobias Kirchhoff	SC Bayer 05 Uerdingen III	00:12:03	00:33:19	00:20:32	01:08:31	262	149		
12	11	Timm Poetting	TSVE 1890 Bielefeld I	00:10:01	00:31:39	00:18:01	01:02:13	205	155	155	9
	35	Frank Muth	TSVE 1890 Bielefeld I	00:10:14	00:34:00	00:19:02	01:05:39	208	155		
	53	Felix Kiel	TSVE 1890 Bielefeld I	00:11:27	00:34:31	00:21:04	01:09:11	207	155		
	56	Clemens Litfin	TSVE 1890 Bielefeld I	00:12:31	00:36:22	00:19:08	01:10:54	206	155		
13	24	Freddy Brüll	Triathlon Team Indeland Eschweiler II	00:12:50	00:31:08	00:18:11	01:04:32	246	164	164	8
	43	Achim Quadflieg	Triathlon Team Indeland Eschweiler II	00:12:00	00:33:38	00:18:36	01:06:50	245	164		
	48	Pascal Huppertz	Triathlon Team Indeland Eschweiler II	00:12:50	00:34:49	00:17:55	01:08:13	248	164		
	49	Marcel Bartz	Triathlon Team Indeland Eschweiler II	00:13:11	00:33:38	00:19:09	01:08:22	247	164		
14	31	Anton Koger	DLC Aachen III	00:13:15	00:32:17	00:17:40	01:05:21	209	170	170	7
	37	Max Jannik Hellmann	DLC Aachen III	00:11:42	00:33:03	00:18:46	01:06:14	211	170		
	45	Mario Schreuer	DLC Aachen III	00:12:41	00:32:23	00:20:02	01:07:28	210	170		
	57	Alexander Jussen	DLC Aachen III	00:15:56	00:32:46	00:20:37	01:11:59	212	170		
15	18	Norwin Torge Tiemann	SC Aquarius Löhne I	00:10:00	00:33:49	00:17:46	01:03:31	257	178	178	6
	41	Olaf Wegener	SC Aquarius Löhne I	00:13:03	00:33:10	00:18:13	01:06:38	259	178		
	59	Stephan Spieker	SC Aquarius Löhne I	00:12:40	00:35:13	00:21:20	01:12:48	258	178		
	60	Marcel Jagnow	SC Aquarius Löhne I	00:12:41	00:38:12	00:23:23	01:17:42	260	178		
16	23	Jan Fischer	TuS Breitscheid	00:10:04	00:33:55	00:18:34	01:04:22	221	209	209	5
	61	Max Zielke	TuS Breitscheid	00:12:32	00:40:55	00:22:21	01:18:15	224	209		
	62	Armin Zielke	TuS Breitscheid	00:15:46	00:38:26	00:24:32	01:21:17	222	209		
	63	Thomas Weiner	TuS Breitscheid	---	---	---	DNF	223	209		
17	68		Starlight Team Essen						272	272	0
	68		Starlight Team Essen						272		
	68		Starlight Team Essen						272		
	68		Starlight Team Essen						272		