

Herscheider Triathlon

30.08.2014

Landesliga

500 m / 20 km / 5 km

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
1.	1081	Heinen, Daniel	TSV Solingen	00:07:23	00:48:57	00:18:31	01:14:51
2.	1032	Rossmann, Marc	RC Sorpesee	00:07:12	00:46:56	00:21:26	01:15:34
3.	1090	Laschet, Christian	TRC Essen 84 III	00:08:14	00:47:38	00:20:53	01:16:45
4.	1028	Brandt, Holger	Triathlon Team Witten VI	00:08:53	00:47:33	00:20:55	01:17:21
5.	1015	Wieczorek, Dieter	Triathlon Team ALTE/Jahn Ohle	00:11:56	00:46:04	00:19:27	01:17:27
6.	1011	Wunn, Henrik	Triathlon Team Ratingen 08 II	00:07:43	00:49:48	00:20:21	01:17:52
7.	1014	Döring, Tobias	Triathlon Team ALTE/Jahn Ohle	00:07:59	00:48:13	00:21:41	01:17:53
8.	1025	Keim, Adrian	Triathlon Team Witten VI	00:07:54	00:48:39	00:21:24	01:17:57
9.	1050	Zippert, Jürgen	Hildener Allg. Turnerschaft II	00:09:04	00:48:47	00:20:22	01:18:13
10.	1049	Borges, Martin	Hildener Allg. Turnerschaft II	00:08:13	00:49:34	00:20:27	01:18:14
11.	1091	Schillings, Sven	TRC Essen 84 III	00:08:10	00:48:38	00:21:31	01:18:19
12.	1016	Schmidt, Paul	Triathlon Team ALTE/Jahn Ohle	00:08:27	00:49:19	00:20:37	01:18:23
13.	1077	Bobe, Nils	SG Welper II	00:08:01	00:50:17	00:20:51	01:19:09
14.	1006	Eißmann, Jens	RWE Starlight Team Essen II	00:09:30	00:49:48	00:20:57	01:20:15
14.	1007	Ammenwerth, Jan	RWE Starlight Team Essen II	00:07:47	00:52:15	00:20:13	01:20:15

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
16.	1054	Ratajczak, Rainer	Tri Duck Dorsten II	00:08:43	00:48:40	00:23:06	01:20:29
17.	1082	Schrack, Tommy	TSV Solingen	00:08:05	00:52:05	00:20:44	01:20:54
18.	1020	Riep, Arnim	TRI-TEAM HAGEN III	00:08:50	00:50:59	00:21:09	01:20:58
18.	1003	Dellbrügge, Martin	Hartman Team TVG Kaiserau	00:08:49	00:50:48	00:21:21	01:20:58
20.	1084	Schäfer, André	TSV Solingen	00:08:14	00:53:50	00:19:04	01:21:08
21.	1027	Dettmar, Thomas	Triathlon Team Witten VI	00:07:26	00:52:22	00:21:36	01:21:24
21.	1004	Renner, Timo	Hartman Team TVG Kaiserau	00:07:27	00:51:59	00:21:58	01:21:24
23.	1001	Böttcher, Jens	Hartman Team TVG Kaiserau	00:08:30	00:51:16	00:21:47	01:21:33
24.	1043	Lettmayer, Lars	Schwelmer SC	00:10:00	00:49:24	00:22:21	01:21:45
25.	1031	Born, Juergen	RC Sorpensee	00:09:57	00:50:03	00:21:46	01:21:46
26.	1013	Möscheid, Max Frederik	Triathlon Team ALTE/Jahn Ohle	00:09:32	00:49:54	00:22:44	01:22:10
27.	1010	Faessen, Tom	Triathlon Team Ratingen 08 II	00:08:26	00:51:34	00:22:16	01:22:16
28.	1022	Josefs, Axel	Bocholter WSV III	00:09:10	00:50:39	00:22:30	01:22:19
28.	1037	Müller, Jan-Kristof	Herner Triathlon Team 11 II	00:08:26	00:52:47	00:21:06	01:22:19
28.	1005	Knauff, Matthias	RWE Starlight Team Essen II	00:08:36	00:52:45	00:20:58	01:22:19
31.	1092	Schottek, Benjamin	TRC Essen 84 III	00:08:09	00:52:10	00:22:22	01:22:41
32.	1026	Lischken, Jan Timo	Triathlon Team Witten VI	00:08:20	00:53:03	00:21:26	01:22:49
33.	1041	Backhaus, Ralf	Schwelmer SC	00:07:59	00:50:45	00:24:34	01:23:18
34.	1009	Schrock, Nick	Triathlon Team Ratingen 08 II	00:07:15	00:53:06	00:23:16	01:23:37
35.	1083	Kukwa, Christian	TSV Solingen	00:09:01	00:51:12	00:23:28	01:23:41

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
36.	1066	Egin-Richter, Taner	TuS Breitscheid	00:08:41	00:53:22	00:21:45	01:23:48
37.	1002	Häcker, Jan	Hartman Team TVG Kaiserau	00:07:57	00:52:40	00:23:33	01:24:10
38.	1018	Jochheim, Moritz	TRI-TEAM HAGEN III	00:08:05	00:54:11	00:22:18	01:24:34
39.	1046	Hundhausen, Bastian	tri.SI (Triathlon Siegen)	00:09:06	00:52:10	00:23:19	01:24:35
40.	1029	Laqua, Michael	RC Sorpensee	00:11:14	00:54:08	00:19:19	01:24:41
41.	1019	Möller, Sepp	TRI-TEAM HAGEN III	00:10:11	00:52:08	00:22:45	01:25:04
42.	1021	Elting, Manfred	Bocholter WSV III	00:07:40	00:53:03	00:24:24	01:25:07
42.	1008	Ammenwerth, Wim	RWE Starlight Team Essen II	00:08:24	00:56:20	00:20:23	01:25:07
44.	1056	Vogel, Arno	Tri Duck Dorsten II	00:08:12	00:53:28	00:23:43	01:25:23
45.	1068	Pitzke, Till	TuS Breitscheid	00:07:48	00:54:43	00:23:03	01:25:34
46.	1024	Himpler, Ralf	Bocholter WSV III	00:10:19	00:54:59	00:20:29	01:25:47
47.	1062	Koch, Christian	TSG Sprockhövel	00:08:31	00:53:18	00:24:21	01:26:10
48.	1080	Döring, Falko	SG Welper II	00:07:53	00:54:36	00:23:53	01:26:22
49.	1035	Nieberg, Sebastian	TV Werne 03 Wasserfreunde e.V	00:09:00	00:54:19	00:23:14	01:26:33
50.	1012	Heidrich, Alexander	Triathlon Team Ratingen 08 II	00:08:23	00:57:17	00:20:54	01:26:34
51.	1047	Schneider, Detlef	tri.SI (Triathlon Siegen)	00:10:09	00:52:58	00:23:36	01:26:43
52.	1055	Kick, Frank	Tri Duck Dorsten II	00:08:28	00:53:00	00:25:20	01:26:48
53.	1096	Habig, Lukas	RWE Starlight Team Essen III	00:08:42	00:55:34	00:22:42	01:26:58

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
54.	1073	Koers, Jürgen	SG Triathlon Team Witten/Herne	00:09:55	00:55:42	00:21:26	01:27:03
55.	1087	Reinhardt, Martin	Tri Duck Dorsten III	00:08:32	00:52:33	00:26:16	01:27:21
55.	1053	Damnitz, Marvin	Tri Duck Dorsten II	00:08:58	00:54:30	00:23:53	01:27:21
57.	1030	Gräser, Ralf	RC Sorpensee	00:07:26	00:56:46	00:23:50	01:28:02
58.	1064	Klupsch, Dietmar	TSG Sprockhövel	00:10:22	00:54:26	00:23:27	01:28:15
59.	1036	Knowlden, James	TV Werne 03 Wasserfreunde e.V	00:08:50	00:54:50	00:25:28	01:29:08
60.	1095	Wind, Andreas	RWE Starlight Team Essen III	00:08:05	00:56:55	00:24:19	01:29:19
61.	1039	Chill, Jan	Herner Triathlon Team 11 II	00:09:16	00:56:53	00:23:19	01:29:28
62.	1033	Laarmann, Samuel	TV Werne 03 Wasserfreunde e.V	00:09:47	00:54:29	00:25:37	01:29:53
63.	1093	Zupan, Achim	RWE Starlight Team Essen III	00:08:51	00:58:01	00:23:16	01:30:08
64.	1086	Fernolt, Udo	Tri Duck Dorsten III	00:09:41	00:56:40	00:24:19	01:30:40
65.	1070	Redemann, Andreas	TuS 09 Erkenschwick II	00:11:45	00:55:24	00:23:33	01:30:42
66.	1065	Weiner, Thomas	TuS Breitscheid	00:11:08	00:56:04	00:24:08	01:31:20
67.	1052	Ruhle, Tobias	Hildener Allg. Turnerschaft II	00:08:54	01:00:33	00:22:21	01:31:48
68.	1060	Wolff, Joana	Triathlon Team Ratingen 08 III	00:07:48	00:58:16	00:25:53	01:31:57
69.	1061	Karge, Ulrich	TSG Sprockhövel	00:08:41	00:59:09	00:24:11	01:32:01
70.	1040	Fischer, Alexander	Herner Triathlon Team 11 II	00:07:24	00:57:48	00:26:56	01:32:08

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
71.	1094	Ankel, Markus	RWE Starlight Team Essen III	00:10:51	00:57:43	00:23:35	01:32:09
72.	1089	Graeve, Martin	TRC Essen 84 III	00:08:52	00:55:22	00:28:04	01:32:18
73.	1048	Willmeroth, Dirk	tri.SI (Triathlon Siegen)	00:08:24	00:56:18	00:27:46	01:32:28
74.	1044	Middeldorf, Helge	Schwelmer SC	00:08:25	00:59:33	00:24:37	01:32:35
75.	1071	Thiel, Markus	TuS 09 Erkenschwick II	00:09:26	00:58:26	00:25:21	01:33:13
76.	1079	Linke, Kathrin	SG Welper II	00:08:57	00:57:35	00:27:19	01:33:51
77.	1088	Röhling, Berthold	Tri Duck Dorsten III	00:09:30	00:58:00	00:26:33	01:34:03
78.	1074	Bock, Timon	SG Triathlon Team Witten/Herne	00:11:27	00:59:45	00:23:06	01:34:18
79.	1069	Albrecht, David	TuS 09 Erkenschwick II	00:08:49	00:59:44	00:25:50	01:34:23
80.	1038	Rosin, Marc	Herner Triathlon Team 11 II	00:09:16	01:01:08	00:25:04	01:35:28
81.	1042	Eckert, Jörg	Schwelmer SC	00:09:33	01:00:55	00:25:27	01:35:55
82.	1067	Tischer, Norman	TuS Breitscheid	00:11:22	01:00:48	00:23:58	01:36:08
83.	1023	Lensing, Reinhold	Bocholter WSV III	00:10:50	00:59:58	00:25:25	01:36:13
84.	1034	Neumann, Tim-Oliver	TV Werne 03 Wasserfreunde e.V.	00:08:00	01:02:03	00:26:27	01:36:30
85.	1051	Kellers, Michael	Hildener Allg. Turnerschaft II	00:09:31	01:02:25	00:26:47	01:38:43
86.	1058	Thielert, Fabio	Triathlon Team Ratingen 08 III	00:08:10	01:04:16	00:27:09	01:39:35
87.	1078	Herweg, Jacqueline	SG Welper II	00:07:48	01:07:06	00:27:44	01:42:38
88.	1075	Bischoff, Thomas	SG Triathlon Team Witten/Herne	00:08:54	01:08:18	00:26:15	01:43:27

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
89.	1072	Schierjott, Manfred	TuS 09 Erkenschwick II	00:13:01	01:04:31	00:26:44	01:44:16
90.	1057	Rath, Martin	Triathlon Team Ratingen 08 III	00:09:34	01:08:58	00:25:51	01:44:23
91.	1085	Fellinger, Patrick	Tri Duck Dorsten III	00:09:11	01:06:31	00:29:06	01:44:48
92.	1045	Junker, Rosmarie	tri.SI (Triathlon Siegen)	00:08:23	01:08:02	00:31:23	01:47:48

Herscheider Triathlon

30.08.2014

Landesliga

Plz	Verein					
1.	50	Triathlon Team ALTE/Jahn Ohle				
	5.	1015 Wieczorek, Dieter	00:11:56	00:46:04	00:19:27	01:17:27
	7.	1014 Döring, Tobias	00:07:59	00:48:13	00:21:41	01:17:53
	12.	1016 Schmidt, Paul	00:08:27	00:49:19	00:20:37	01:18:23
	26.	1013 Möscheid, Max Frederik	00:09:32	00:49:54	00:22:44	01:22:10
2.	65	Triathlon Team Witten VI				
	4.	1028 Brandt, Holger	00:08:53	00:47:33	00:20:55	01:17:21
	8.	1025 Keim, Adrian	00:07:54	00:48:39	00:21:24	01:17:57
	21.	1027 Dettmar, Thomas	00:07:26	00:52:22	00:21:36	01:21:24
	32.	1026 Lischken, Jan Timo	00:08:20	00:53:03	00:21:26	01:22:49
3.	73	TSV Solingen				
	1.	1081 Heinen, Daniel	00:07:23	00:48:57	00:18:31	01:14:51
	17.	1082 Schrick, Tommy	00:08:05	00:52:05	00:20:44	01:20:54
	20.	1084 Schäfer, André	00:08:14	00:53:50	00:19:04	01:21:08
	35.	1083 Kukwa, Christian	00:09:01	00:51:12	00:23:28	01:23:41
4.	98	RWE Starlight Team Essen II				
	14.	1006 Eißmann, Jens	00:09:30	00:49:48	00:20:57	01:20:15
	14.	1007 Ammenwerth, Jan	00:07:47	00:52:15	00:20:13	01:20:15
	28.	1005 Knauff, Matthias	00:08:36	00:52:45	00:20:58	01:22:19
	42.	1008 Ammenwerth, Wim	00:08:24	00:56:20	00:20:23	01:25:07

Plz	Verein						
5.	99	Hartman Team TVG Kaiserau					
	18.	1003 Dellbrügge, Martin	00:08:49	00:50:48	00:21:21	01:20:58	
	21.	1004 Renner, Timo	00:07:27	00:51:59	00:21:58	01:21:24	
	23.	1001 Böttcher, Jens	00:08:30	00:51:16	00:21:47	01:21:33	
	37.	1002 Häcker, Jan	00:07:57	00:52:40	00:23:33	01:24:10	
6.	117	TRC Essen 84 III					
	3.	1090 Laschet, Christian	00:08:14	00:47:38	00:20:53	01:16:45	
	11.	1091 Schillings, Sven	00:08:10	00:48:38	00:21:31	01:18:19	
	31.	1092 Schottek, Benjamin	00:08:09	00:52:10	00:22:22	01:22:41	
	72.	1089 Graeve, Martin	00:08:52	00:55:22	00:28:04	01:32:18	
6.	117	Triathlon Team Ratingen 08 II					
	6.	1011 Wunn, Henrik	00:07:43	00:49:48	00:20:21	01:17:52	
	27.	1010 Faessen, Tom	00:08:26	00:51:34	00:22:16	01:22:16	
	34.	1009 Schrock, Nick	00:07:15	00:53:06	00:23:16	01:23:37	
	50.	1012 Heidrich, Alexander	00:08:23	00:57:17	00:20:54	01:26:34	
8.	124	RC Sorpensee					
	2.	1032 Rossmannek, Marc	00:07:12	00:46:56	00:21:26	01:15:34	
	25.	1031 Born, Juergen	00:09:57	00:50:03	00:21:46	01:21:46	
	40.	1029 Laqua, Michael	00:11:14	00:54:08	00:19:19	01:24:41	
	57.	1030 Gräser, Ralf	00:07:26	00:56:46	00:23:50	01:28:02	
9.	167	Tri Duck Dorsten II					
	16.	1054 Ratajczak, Rainer	00:08:43	00:48:40	00:23:06	01:20:29	
	44.	1056 Vogel, Arno	00:08:12	00:53:28	00:23:43	01:25:23	
	52.	1055 Kick, Frank	00:08:28	00:53:00	00:25:20	01:26:48	
	55.	1053 Damnitz, Marvin	00:08:58	00:54:30	00:23:53	01:27:21	

Plz	Verein						
10.	171	Hildener Allg. Turnerschaft II					
	9.	1050	Zippert, Jürgen	00:09:04	00:48:47	00:20:22	01:18:13
	10.	1049	Borges, Martin	00:08:13	00:49:34	00:20:27	01:18:14
	67.	1052	Ruhle, Tobias	00:08:54	01:00:33	00:22:21	01:31:48
	85.	1051	Kellers, Michael	00:09:31	01:02:25	00:26:47	01:38:43
11.	199	Bocholter WSV III					
	28.	1022	Josefs, Axel	00:09:10	00:50:39	00:22:30	01:22:19
	42.	1021	Elting, Manfred	00:07:40	00:53:03	00:24:24	01:25:07
	46.	1024	Himpler, Ralf	00:10:19	00:54:59	00:20:29	01:25:47
	83.	1023	Lensing, Reinhold	00:10:50	00:59:58	00:25:25	01:36:13
12.	200	TRI-TEAM HAGEN III					
	18.	1020	Riep, Arnim	00:08:50	00:50:59	00:21:09	01:20:58
	38.	1018	Jochheim, Moritz	00:08:05	00:54:11	00:22:18	01:24:34
	41.	1019	Möller, Sepp	00:10:11	00:52:08	00:22:45	01:25:04
	103	1017	Kasper, Ralf	00:00:00	00:00:00	00:00:00	Nicht am Start
13.	212	Schwelmer SC					
	24.	1043	Lettmayer, Lars	00:10:00	00:49:24	00:22:21	01:21:45
	33.	1041	Backhaus, Ralf	00:07:59	00:50:45	00:24:34	01:23:18
	74.	1044	Middeldorf, Helge	00:08:25	00:59:33	00:24:37	01:32:35
	81.	1042	Eckert, Jörg	00:09:33	01:00:55	00:25:27	01:35:55
14.	224	SG Welper II					
	13.	1077	Bobe, Nils	00:08:01	00:50:17	00:20:51	01:19:09
	48.	1080	Döring, Falko	00:07:53	00:54:36	00:23:53	01:26:22
	76.	1079	Linke, Kathrin	00:08:57	00:57:35	00:27:19	01:33:51
	87.	1078	Herweg, Jacqueline	00:07:48	01:07:06	00:27:44	01:42:38

Plz	Verein					
15.	229	TuS Breitscheid				
	36.	1066 Egin-Richter, Taner	00:08:41	00:53:22	00:21:45	01:23:48
	45.	1068 Pitzke, Till	00:07:48	00:54:43	00:23:03	01:25:34
	66.	1065 Weiner, Thomas	00:11:08	00:56:04	00:24:08	01:31:20
	82.	1067 Tischer, Norman	00:11:22	01:00:48	00:23:58	01:36:08
16.	239	Herner Triathlon Team 11 II				
	28.	1037 Müller, Jan-Kristof	00:08:26	00:52:47	00:21:06	01:22:19
	61.	1039 Chill, Jan	00:09:16	00:56:53	00:23:19	01:29:28
	70.	1040 Fischer, Alexander	00:07:24	00:57:48	00:26:56	01:32:08
	80.	1038 Rosin, Marc	00:09:16	01:01:08	00:25:04	01:35:28
17.	247	RWE Starlight Team Essen III				
	53.	1096 Habig, Lukas	00:08:42	00:55:34	00:22:42	01:26:58
	60.	1095 Wind, Andreas	00:08:05	00:56:55	00:24:19	01:29:19
	63.	1093 Zupan, Achim	00:08:51	00:58:01	00:23:16	01:30:08
	71.	1094 Ankel, Markus	00:10:51	00:57:43	00:23:35	01:32:09
18.	254	TV Werne 03 Wasserfreunde e.V				
	49.	1035 Nieberg, Sebastian	00:09:00	00:54:19	00:23:14	01:26:33
	59.	1036 Knowlden, James	00:08:50	00:54:50	00:25:28	01:29:08
	62.	1033 Laarmann, Samuel	00:09:47	00:54:29	00:25:37	01:29:53
	84.	1034 Neumann, Tim-Oliver	00:08:00	01:02:03	00:26:27	01:36:30
19.	255	tri.SI (Triathlon Siegen)				
	39.	1046 Hundhausen, Bastian	00:09:06	00:52:10	00:23:19	01:24:35
	51.	1047 Schneider, Detlef	00:10:09	00:52:58	00:23:36	01:26:43
	73.	1048 Willmeroth, Dirk	00:08:24	00:56:18	00:27:46	01:32:28
	92.	1045 Junker, Rosmarie	00:08:23	01:08:02	00:31:23	01:47:48

Plz	Verein						
20.	277	TSG Sprockhövel					
	47.	1062 Koch, Christian	00:08:31	00:53:18	00:24:21	01:26:10	
	58.	1064 Klupsch, Dietmar	00:10:22	00:54:26	00:23:27	01:28:15	
	69.	1061 Karge, Ulrich	00:08:41	00:59:09	00:24:11	01:32:01	
	103	1063 Start1063,	00:00:00	00:00:00	00:00:00	Nicht am Start	
21.	287	Tri Duck Dorsten III					
	55.	1087 Reinhardt, Martin	00:08:32	00:52:33	00:26:16	01:27:21	
	64.	1086 Fernolt, Udo	00:09:41	00:56:40	00:24:19	01:30:40	
	77.	1088 Röhling, Berthold	00:09:30	00:58:00	00:26:33	01:34:03	
	91.	1085 Fellinger, Patrick	00:09:11	01:06:31	00:29:06	01:44:48	
22.	308	TuS 09 Erkenschwick II					
	65.	1070 Redemann, Andreas	00:11:45	00:55:24	00:23:33	01:30:42	
	75.	1071 Thiel, Markus	00:09:26	00:58:26	00:25:21	01:33:13	
	79.	1069 Albrecht, David	00:08:49	00:59:44	00:25:50	01:34:23	
	89.	1072 Schierjott, Manfred	00:13:01	01:04:31	00:26:44	01:44:16	
23.	323	SG Triathlon Team Witten/Herne					
	54.	1073 Koers, Jürgen	00:09:55	00:55:42	00:21:26	01:27:03	
	78.	1074 Bock, Timon	00:11:27	00:59:45	00:23:06	01:34:18	
	88.	1075 Bischoff, Thomas	00:08:54	01:08:18	00:26:15	01:43:27	
	103	1076 Lischka, Jan Timo	00:00:00	00:00:00	00:00:00	Nicht am Start	
24.	347	Triathlon Team Ratingen 08 III					
	68.	1060 Wolff, Joana	00:07:48	00:58:16	00:25:53	01:31:57	
	86.	1058 Thielert, Fabio	00:08:10	01:04:16	00:27:09	01:39:35	
	90.	1057 Rath, Martin	00:09:34	01:08:58	00:25:51	01:44:23	
	103	1059 Von der Mark, Mira	00:00:00	00:00:00	00:00:00	Nicht am Start	

Plz**Verein**

25.	400	Nordtriathleten Oberhausen II					
	100	1100 Kriegel, René	00:00:00	00:00:00	00:00:00	Nicht am Start	
	100	1098 Marbach, Florian	00:00:00	00:00:00	00:00:00	Nicht am Start	
	100	1099 Hädicke-Streuber, René	00:00:00	00:00:00	00:00:00	Nicht am Start	
	100	1097 Hänel, Dominik	00:00:00	00:00:00	00:00:00	Nicht am Start	

Strafen

444 ,	Strafe
457 ,	Strafe
435 ,	Strafe

Herscheider Triathlon

30.08.2014

Oberliga

500 m / 20 km / 5 km

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit	
1.	412	Krölller, Stephan	TuS 09 Erkenschwick	00:06:20	00:44:56	00:18:01	01:09:17	
2.	427	Schmiejka, Paul	Pulheimer SC	00:07:08	00:44:53	00:17:22	01:09:23	
3.	449	Imhoff, Sven	Tri Team MAXMO Mönchengladbach	00:07:37	00:43:47	00:18:10	01:09:34	
4.	424	Bergner, Sven-Robert	PV Triathlon Witten II	00:06:30	00:44:51	00:18:37	01:09:58	
5.	461	Milobinski, Kolja Christian	Triathlon Team Witten V	00:07:24	00:46:24	00:18:15	01:12:03	
6.	453	Siepe, Volker	Hildener Allg. Turnerschaft I	00:08:20	00:44:44	00:19:31	01:12:35	
7.	467	Ronig, Andreas	PSV Brühl	00:08:42	00:45:57	00:18:24	01:13:03	
8.	458	Wegener, Olaf	SC Aquarius Löhne I	00:08:37	00:46:13	00:18:33	01:13:23	
9.	462	Seuser, Alexander	Triathlon Team Witten V	00:06:48	00:47:39	00:19:23	01:13:50	
10.	438	Pelster, Matthias	Rückenwind Geckos Dortmund II	00:08:02	00:46:49	00:19:25	01:14:16	
+2	11.	452	Mika, Tomas	Tri Team MAXMO Mönchengladbach	00:09:07	00:47:13	00:18:01	01:14:21
12.	466	Elshorst, Simon	PSV Brühl	00:07:43	00:47:11	00:19:34	01:14:28	
13.	445	Mettlach, Jörg	RWE Starlight Team Essen	00:07:23	00:47:29	00:19:37	01:14:29	
14.	472	Tewes, Heiko	Tri Duck Dorsten I	00:07:08	00:45:41	00:21:41	01:14:30	

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit	
15.	432	Kellner, Matthias	1.Tri Club Paderborn II	00:06:33	00:48:02	00:19:57	01:14:32	
16.	465	Britz, Timo	PSV Brühl	00:07:52	00:47:03	00:19:44	01:14:39	
17.	460	Mohrmann, Niko	SC Aquarius Löhne I	00:08:13	00:46:41	00:19:56	01:14:50	
18.	404	Raulf, Stefan	LV Tristar Oelde	00:08:12	00:48:29	00:18:17	01:14:58	
19.	454	Nolten, Jens	Hildener Allg. Turnerschaft I	00:07:06	00:48:22	00:19:39	01:15:07	
20.	455	Geilenberg, Mark	Hildener Allg. Turnerschaft I	00:08:17	00:47:55	00:19:39	01:15:51	
21.	414	Steven, Christoph	ASV Köln II	00:08:38	00:47:44	00:19:30	01:15:52	
22.	437	Ruhfus, Max	Rückenwind Geckos Dortmund II	00:08:03	00:47:15	00:20:37	01:15:55	
22.	431	Schuster, Andreas	1.Tri Club Paderborn II	00:07:31	00:47:56	00:20:28	01:15:55	
24.	422	Hölscher, Matthias	PV Triathlon Witten II	00:08:59	00:47:53	00:19:22	01:16:14	
25.	447	Brake, Carsten	RWE Starlight Team Essen	00:07:35	00:47:36	00:21:10	01:16:21	
26.	448	Hesse, Sören	RWE Starlight Team Essen	00:07:51	00:48:03	00:20:28	01:16:22	
27.	428	Willems, Thomas	Pulheimer SC	00:08:34	00:47:15	00:20:44	01:16:33	
+2	28.	457	Kempe, Michael	SC Aquarius Löhne I	00:09:14	00:47:12	00:20:08	01:16:34
29.	446	Kustermann, Michael	RWE Starlight Team Essen	00:07:41	00:47:41	00:21:24	01:16:46	
30.	425	Kloss, Mehmet	Pulheimer SC	00:08:12	00:48:36	00:20:02	01:16:50	
31.	471	Kopp, Christian	Tri Duck Dorsten I	00:09:15	00:47:35	00:20:12	01:17:02	
32.	450	Meyer, Chris	Tri Team MAXMO Mönchengladbach	00:06:50	00:49:13	00:21:03	01:17:06	
33.	413	Roth, Andreas	ASV Köln II	00:08:35	00:47:13	00:21:19	01:17:07	
34.	426	Vogel, Detlef	Pulheimer SC	00:07:00	00:49:19	00:21:03	01:17:22	

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
	35. 421	Czollmann, Pascal	PV Triathlon Witten II	00:09:12	00:49:01	00:19:19	01:17:32
	36. 409	Bays, Andre	TuS 09 Erkenschwick	00:07:42	00:49:48	00:20:15	01:17:45
	37. 430	Wille, Markus	1.Tri Club Paderborn II	00:07:29	00:49:03	00:21:15	01:17:47
	38. 439	Mendorf, Matthias	Rückenwind Geckos Dortmund II	00:08:18	00:49:46	00:20:14	01:18:18
	39. 410	Diekenbrock, Timm	TuS 09 Erkenschwick	00:08:17	00:50:25	00:19:44	01:18:26
	40. 464	Lehmann, Sebastian	Triathlon Team Witten V	00:08:32	00:51:00	00:18:57	01:18:29
+2	41. 444	Wessel, Lukas	Bayer 05 Uerdingen IV	00:09:44	00:49:25	00:19:27	01:18:36
	42. 411	Hortmann, Mathias	TuS 09 Erkenschwick	00:08:27	00:49:41	00:20:29	01:18:37
	43. 429	Kiel, Felix	1.Tri Club Paderborn II	00:07:30	00:48:49	00:22:26	01:18:45
	44. 451	Bohnen, Christoph	Tri Team MAXMO Mönchengladbach	00:09:07	00:47:10	00:22:38	01:18:55
	45. 423	Goltsch, Tillmann	PV Triathlon Witten II	00:09:35	00:52:17	00:17:06	01:18:58
	46. 469	Haberkorn, Niko	Tri Duck Dorsten I	00:09:05	00:49:39	00:20:15	01:18:59
	47. 418	Strothotte, Dietrich	1.Tri Team Gütersloh	00:08:04	00:49:32	00:21:36	01:19:12
	48. 470	Hessling, Michael	Tri Duck Dorsten I	00:09:43	00:49:51	00:19:46	01:19:20
+2	49. 435	Egert, Jan	Tri Club Wuppertal II	00:10:18	00:49:20	00:19:44	01:19:22
	50. 440	Zellin, Jan	Rückenwind Geckos Dortmund II	00:08:51	00:51:23	00:19:57	01:20:11
	51. 419	Mettenmeyer, Michael	1.Tri Team Gütersloh	00:08:17	00:49:54	00:22:36	01:20:47

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
52.	463	Sturm, Jannis	Triathlon Team Witten V	00:08:29	00:51:20	00:21:16	01:21:05
53.	468	Offizier, Hardy	PSV Brühl	00:08:50	00:51:38	00:20:56	01:21:24
54.	415	Neuburg, Stephan	ASV Köln II	00:08:03	00:51:19	00:22:09	01:21:31
55.	403	Katthöfer, Philipp	LV Tristar Oelde	00:07:57	00:52:44	00:20:51	01:21:32
56.	456	Döpfer, Marco	Hildener Allg. Turnerschaft I	00:08:03	00:52:38	00:21:03	01:21:44
57.	401	Graw, Burkhard	LV Tristar Oelde	00:08:00	00:51:52	00:22:15	01:22:07
58.	405	Wachter, Eric	TG Neuss	00:06:44	00:51:50	00:23:41	01:22:15
59.	420	Krauße, Alexander	1.Tri Team Gütersloh	00:08:00	00:52:26	00:21:53	01:22:19
60.	402	Hässler, Peter	LV Tristar Oelde	00:09:06	00:53:53	00:20:12	01:23:11
61.	442	Willfahrt, Jens	Bayer 05 Uerdingen IV	00:09:50	00:53:12	00:20:16	01:23:18
62.	459	König, Dirk	SC Aquarius Löhne I	00:08:33	00:52:52	00:22:24	01:23:49
63.	406	Huschauer, Horst	TG Neuss	00:09:16	00:53:11	00:21:46	01:24:13
64.	433	Jörg, Thomas	Tri Club Wuppertal II	00:09:17	00:51:09	00:23:52	01:24:18
64.	441	Trenn, Gerhard	Bayer 05 Uerdingen IV	00:08:55	00:54:50	00:20:33	01:24:18
66.	434	Heus, Andreas	Tri Club Wuppertal II	00:08:43	00:54:41	00:21:57	01:25:21
67.	416	Szekeres, Miklos	ASV Köln II	00:08:40	00:54:28	00:22:21	01:25:29
68.	436	Brandt, Marc	Tri Club Wuppertal II	00:09:21	00:53:32	00:22:43	01:25:36
69.	443	Koch, Florian	Bayer 05 Uerdingen IV	00:11:48	00:52:35	00:21:35	01:25:58
70.	407	Van der Kaaij, Rens	TG Neuss	00:09:03	00:55:01	00:23:18	01:27:22
71.	408	Möllenhoff, Klaus	TG Neuss	00:09:11	00:58:35	00:22:50	01:30:36
72.	417	Delker, Helmut	1.Tri Team Gütersloh	00:09:04	01:04:42	00:23:53	01:37:39

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
------------	------------	-------------	---------------	-------------	-------------	------------	----------------

Strafen

444	Wessel, Lukas	Strafe
457	Kempe, Michael	Strafe
435	Egert, Jan	Strafe
452	Mika, Tomas	Strafe

Herscheider Triathlon

30.08.2014

Oberliga

Plz	Verein						
1.	88	PSV Brühl					
	7.	467 Ronig, Andreas	00:08:42	00:45:57	00:18:24	01:13:03	
	12.	466 Elshorst, Simon	00:07:43	00:47:11	00:19:34	01:14:28	
	16.	465 Britz, Timo	00:07:52	00:47:03	00:19:44	01:14:39	
	53.	468 Offizier, Hardy	00:08:50	00:51:38	00:20:56	01:21:24	
2.	90	Tri Team MAXMO Mönchengladbach					
	3.	449 Imhoff, Sven	00:07:37	00:43:47	00:18:10	01:09:34	
	11.	452 Mika, Tomas	00:09:07	00:47:13	00:18:01	01:14:21	
	32.	450 Meyer, Chris	00:06:50	00:49:13	00:21:03	01:17:06	
	44.	451 Bohnen, Christoph	00:09:07	00:47:10	00:22:38	01:18:55	
3.	93	Pulheimer SC					
	2.	427 Schmiejka, Paul	00:07:08	00:44:53	00:17:22	01:09:23	
	27.	428 Willems, Thomas	00:08:34	00:47:15	00:20:44	01:16:33	
	30.	425 Kloss, Mehmet	00:08:12	00:48:36	00:20:02	01:16:50	
	34.	426 Vogel, Detlef	00:07:00	00:49:19	00:21:03	01:17:22	
3.	93	RWE Starlight Team Essen					
	13.	445 Mettlach, Jörg	00:07:23	00:47:29	00:19:37	01:14:29	
	25.	447 Brake, Carsten	00:07:35	00:47:36	00:21:10	01:16:21	
	26.	448 Hesse, Sören	00:07:51	00:48:03	00:20:28	01:16:22	
	29.	446 Kustermann, Michael	00:07:41	00:47:41	00:21:24	01:16:46	

Plz	Verein						
5.	101	Hildener Allg. Turnerschaft I					
	6.	453 Siepe, Volker	00:08:20	00:44:44	00:19:31	01:12:35	
	19.	454 Nolten, Jens	00:07:06	00:48:22	00:19:39	01:15:07	
	20.	455 Geilenberg, Mark	00:08:17	00:47:55	00:19:39	01:15:51	
	56.	456 Döpfer, Marco	00:08:03	00:52:38	00:21:03	01:21:44	
6.	106	Triathlon Team Witten V					
	5.	461 Milobinski, Kolja Christ	00:07:24	00:46:24	00:18:15	01:12:03	
	9.	462 Seuser, Alexander	00:06:48	00:47:39	00:19:23	01:13:50	
	40.	464 Lehmann, Sebastian	00:08:32	00:51:00	00:18:57	01:18:29	
	52.	463 Sturm, Jannis	00:08:29	00:51:20	00:21:16	01:21:05	
7.	108	PV Triathlon Witten II					
	4.	424 Bergner, Sven-Robert	00:06:30	00:44:51	00:18:37	01:09:58	
	24.	422 Hölscher, Matthias	00:08:59	00:47:53	00:19:22	01:16:14	
	35.	421 Czollmann, Pascal	00:09:12	00:49:01	00:19:19	01:17:32	
	45.	423 Goltsch, Tillmann	00:09:35	00:52:17	00:17:06	01:18:58	
8.	115	SC Aquarius Löhne I					
	8.	458 Wegener, Olaf	00:08:37	00:46:13	00:18:33	01:13:23	
	17.	460 Mohrmann, Niko	00:08:13	00:46:41	00:19:56	01:14:50	
	28.	457 Kempe, Michael	00:09:14	00:47:12	00:20:08	01:16:34	
	62.	459 König, Dirk	00:08:33	00:52:52	00:22:24	01:23:49	
9.	117	1.Tri Club Paderborn II					
	15.	432 Kellner, Matthias	00:06:33	00:48:02	00:19:57	01:14:32	
	22.	431 Schuster, Andreas	00:07:31	00:47:56	00:20:28	01:15:55	
	37.	430 Wille, Markus	00:07:29	00:49:03	00:21:15	01:17:47	
	43.	429 Kiel, Felix	00:07:30	00:48:49	00:22:26	01:18:45	

Plz	Verein						
10.	118	TuS 09 Erkenschwick					
	1.	412 Kröller, Stephan	00:06:20	00:44:56	00:18:01	01:09:17	
	36.	409 Bays, Andre	00:07:42	00:49:48	00:20:15	01:17:45	
	39.	410 Diekenbrock, Timm	00:08:17	00:50:25	00:19:44	01:18:26	
	42.	411 Hortmann, Mathias	00:08:27	00:49:41	00:20:29	01:18:37	
11.	120	Rückenwind Geckos Dortmund II					
	10.	438 Pelster, Matthias	00:08:02	00:46:49	00:19:25	01:14:16	
	22.	437 Ruhfus, Max	00:08:03	00:47:15	00:20:37	01:15:55	
	38.	439 Mendorf, Matthias	00:08:18	00:49:46	00:20:14	01:18:18	
	50.	440 Zellin, Jan	00:08:51	00:51:23	00:19:57	01:20:11	
12.	139	Tri Duck Dorsten I					
	14.	472 Tewes, Heiko	00:07:08	00:45:41	00:21:41	01:14:30	
	31.	471 Kopp, Christian	00:09:15	00:47:35	00:20:12	01:17:02	
	46.	469 Haberkorn, Niko	00:09:05	00:49:39	00:20:15	01:18:59	
	48.	470 Hessling, Michael	00:09:43	00:49:51	00:19:46	01:19:20	
13.	175	ASV Köln II					
	21.	414 Steven, Christoph	00:08:38	00:47:44	00:19:30	01:15:52	
	33.	413 Roth, Andreas	00:08:35	00:47:13	00:21:19	01:17:07	
	54.	415 Neuburg, Stephan	00:08:03	00:51:19	00:22:09	01:21:31	
	67.	416 Szekeres, Miklos	00:08:40	00:54:28	00:22:21	01:25:29	
14.	190	LV Tristar Oelde					
	18.	404 Raulf, Stefan	00:08:12	00:48:29	00:18:17	01:14:58	
	55.	403 Katthöfer, Philipp	00:07:57	00:52:44	00:20:51	01:21:32	
	57.	401 Graw, Burkhard	00:08:00	00:51:52	00:22:15	01:22:07	
	60.	402 Hässler, Peter	00:09:06	00:53:53	00:20:12	01:23:11	

Plz	Verein						
15.	229	1.Tri Team Gütersloh					
	47.	418 Strothotte, Dietrich	00:08:04	00:49:32	00:21:36	01:19:12	
	51.	419 Mettenmeyer, Michael	00:08:17	00:49:54	00:22:36	01:20:47	
	59.	420 Krauße, Alexander	00:08:00	00:52:26	00:21:53	01:22:19	
	72.	417 Delker, Helmut	00:09:04	01:04:42	00:23:53	01:37:39	
16.	235	Bayer 05 Uerdingen IV					
	41.	444 Wessel, Lukas	00:09:44	00:49:25	00:19:27	01:18:36	
	61.	442 Willfahrt, Jens	00:09:50	00:53:12	00:20:16	01:23:18	
	64.	441 Trenn, Gerhard	00:08:55	00:54:50	00:20:33	01:24:18	
	69.	443 Koch, Florian	00:11:48	00:52:35	00:21:35	01:25:58	
17.	247	Tri Club Wuppertal II					
	49.	435 Egert, Jan	00:10:18	00:49:20	00:19:44	01:19:22	
	64.	433 Jörg, Thomas	00:09:17	00:51:09	00:23:52	01:24:18	
	66.	434 Heus, Andreas	00:08:43	00:54:41	00:21:57	01:25:21	
	68.	436 Brandt, Marc	00:09:21	00:53:32	00:22:43	01:25:36	
18.	262	TG Neuss					
	58.	405 Wachter, Eric	00:06:44	00:51:50	00:23:41	01:22:15	
	63.	406 Huschauer, Horst	00:09:16	00:53:11	00:21:46	01:24:13	
	70.	407 Van der Kaaij, Rens	00:09:03	00:55:01	00:23:18	01:27:22	
	71.	408 Möllenhoff, Klaus	00:09:11	00:58:35	00:22:50	01:30:36	

Strafen

444	Wessel, Lukas	Strafe
457	Kempe, Michael	Strafe
435	Egert, Jan	Strafe
452	Mika, Tomas	Strafe

Herscheider Triathlon

30.08.2014

Regionalliga Frauen

500 m / 20 km / 5 km

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit	
1.	315	Voß, Laura	Bayer 05 Uerdingen	00:07:16	00:54:12	00:21:03	01:22:31	
2.	314	Hümbs, Marie	Bayer 05 Uerdingen	00:08:25	00:54:23	00:21:27	01:24:15	
3.	301	Eißmann, Mareike	RWE Starlight Team Essen	00:09:28	00:53:36	00:22:19	01:25:23	
4.	313	Nicolaus, Jule	Bayer 05 Uerdingen	00:08:16	00:55:36	00:21:47	01:25:39	
5.	311	Reitz, Laura Maria	DLC Aachen	00:09:36	00:56:00	00:22:20	01:27:56	
6.	352	Kroniger, Melanie	SV Blau-Weiß Bochum	00:07:45	00:57:02	00:23:21	01:28:08	
7.	349	De Pury, Stephanie	SSF Bonn III	00:09:23	00:55:26	00:23:23	01:28:12	
8.	310	Kruse, Christiane	DLC Aachen	00:07:55	00:57:33	00:22:55	01:28:23	
9.	355	Costea, Sarah	Kölner Triathlon Team 01 II	00:08:26	00:58:23	00:21:59	01:28:48	
+2	10.	356	Diawuoh, Annabel	Kölner Triathlon Team 01 II	00:00:00	01:07:50	00:21:34	01:29:24
	11.	358	Börmann, Jutta	Tri Duck Dorsten	00:10:58	00:54:43	00:23:44	01:29:25
	12.	303	Richter, Alexandra	RWE Starlight Team Essen	00:09:23	00:56:00	00:24:18	01:29:41
+2	13.	363	Leutgeb, Jenni	Hildener Allg. Turnerschaft	00:10:59	00:56:30	00:22:22	01:29:51
	14.	327	Pfitzner, Vera	TG Neuss	00:09:24	00:58:04	00:22:24	01:29:52

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
15.	336	Gerling, Sarah	Mondi Tri Finish Münster II	00:08:51	00:57:48	00:23:15	01:29:54
16.	323	Ebhardt, Nicole	Tri Club Wuppertal	00:09:37	00:57:55	00:22:27	01:29:59
17.	329	Berger, Clara	Tri Minators Voerde	00:08:47	00:57:33	00:24:01	01:30:21
18.	345	Blomenkamp, Astrid	TSV Bayer 04 Leverkusen	00:07:25	00:58:40	00:24:25	01:30:30
19.	322	Kieseler, Lena	Tri Club Wuppertal	00:08:00	00:57:48	00:24:51	01:30:39
20.	317	Sautter, Julia	PSV Bonn Triathlon	00:09:17	00:58:07	00:24:22	01:31:46
21.	316	Fritsche, Christiane	PSV Bonn Triathlon	00:07:53	00:58:23	00:26:25	01:32:41
22.	324	Sidon, Sandra	Tri Club Wuppertal	00:00:00	00:00:00	01:33:12	01:33:12
+2 22.	312	Bennek, Eveline	DLC Aachen	00:12:11	00:56:35	00:24:26	01:33:12
24.	346	Mancini, Angela	Triathlon Team TG Witten II	00:10:06	00:58:55	00:24:35	01:33:36
25.	328	Weinkath, Wibke	Tri Minators Voerde	00:11:31	00:57:37	00:24:31	01:33:39
26.	347	Holbach, Mirjam	Triathlon Team TG Witten II	00:09:26	01:00:01	00:24:45	01:34:12
27.	353	Woger, Meike	SV Blau-Weiß Bochum	00:07:49	01:00:09	00:27:23	01:35:21
28.	357	Wicker, Pamela	Kölner Triathlon Team 01 II	00:08:03	01:00:25	00:27:20	01:35:48
29.	326	Prop, Fleur	TG Neuss	00:09:59	01:00:50	00:25:39	01:36:28
30.	348	Roik, Christiane	Triathlon Team TG Witten II	00:11:14	01:00:45	00:24:30	01:36:29
31.	302	Scholz, Ellen	RWE Starlight Team Essen	00:09:01	01:00:51	00:27:26	01:37:18
32.	307	Bender, Samira	ASV Köln III	00:11:15	01:01:23	00:25:01	01:37:39

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
33.	362	Fries, Vanessa	Hildener Allg. Turnerschaft	00:08:31	01:03:01	00:26:25	01:37:57
34.	333	Schürmann, Monika	W + F Münster II	00:10:36	00:59:16	00:28:20	01:38:12
35.	350	Pithan, Isabella	SSF Bonn III	00:09:52	01:01:46	00:26:37	01:38:15
35.	334	Friederici, Christine	Mondi Tri Finish Münster II	00:07:56	01:03:33	00:26:46	01:38:15
37.	351	Schriever, Janet	SSF Bonn III	00:09:43	01:01:40	00:28:01	01:39:24
38.	359	Jansen, Claudia	Tri Duck Dorsten	00:08:43	01:03:59	00:27:30	01:40:12
39.	360	Küper, Bernadette	Tri Duck Dorsten	00:09:39	01:04:26	00:26:08	01:40:13
40.	318	Schürmann, Eva	PSV Bonn Triathlon	00:09:43	01:01:37	00:29:07	01:40:27
41.	361	Hollstein, Julia	Hildener Allg. Turnerschaft	00:08:50	01:04:05	00:28:39	01:41:34
42.	331	Stein, Vanessa	W + F Münster II	00:10:37	01:04:35	00:27:07	01:42:19
43.	335	Gerhards, Eva	Mondi Tri Finish Münster II	00:10:12	01:04:17	00:29:35	01:44:04
44.	306	Liesen, Stefanie	1.Tri Team Gütersloh GTV	00:07:51	01:07:14	00:29:19	01:44:24
45.	343	Krüger, Rebecca	TSV Bayer 04 Leverkusen	00:08:42	01:08:00	00:29:34	01:46:16
46.	309	Pundt, Julia	ASV Köln III	00:11:51	01:08:57	00:25:31	01:46:19
47.	339	Pautzke, Christine	Moerser TV Triathlon	00:08:18	01:12:32	00:26:20	01:47:10
48.	354	Kallert, Dorothee	SV Blau-Weiß Bochum	00:12:06	01:10:06	00:25:49	01:48:01
49.	308	Kreienkamp, Ingrid	ASV Köln III	00:10:47	01:09:19	00:28:22	01:48:28
50.	338	Wendland, Beate	Moerser TV Triathlon	00:12:44	01:08:01	00:28:08	01:48:53
51.	332	Hausberg, Julia	W + F Münster II	00:08:28	01:12:38	00:30:50	01:51:56
52.	330	Pusch, Ivonne	Tri Minators Voerde	00:10:10	01:14:00	00:28:24	01:52:34

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
53.	305	Austermann, Andrea	1.Tri Team Gütersloh GTV	00:12:41	01:12:32	00:27:56	01:53:09
54.	304	Kaffitz, Dagmar	1.Tri Team Gütersloh GTV	00:12:11	01:13:04	00:28:48	01:54:03
55.	325	Warbrick, Tracy	TG Neuss	00:12:00	01:16:29	00:33:06	02:01:35
	337	Frank, Julia	Moerser TV Triathlon	00:12:57	00:00:00	00:00:00	Aufgabe - Rad

Strafen

356	Diawuoh, Annabel	Strafe
344	Höller, Andrea	Strafe
363	Leutgeb, Jenni	Strafe
312	Bennek, Eveline	Strafe

Herscheider Triathlon

30.08.2014

Regionalliga Frauen

Plz	Verein						
1.	7	Bayer 05 Uerdingen					
	1.	315 Voß, Laura	00:07:16	00:54:12	00:21:03	01:22:31	
	2.	314 Hümbs, Marie	00:08:25	00:54:23	00:21:27	01:24:15	
	4.	313 Nicolaus, Jule	00:08:16	00:55:36	00:21:47	01:25:39	
2.	35	DLC Aachen					
	5.	311 Reitz, Laura Maria	00:09:36	00:56:00	00:22:20	01:27:56	
	8.	310 Kruse, Christiane	00:07:55	00:57:33	00:22:55	01:28:23	
	22.	312 Bennek, Eveline	00:12:11	00:56:35	00:24:26	01:33:12	
3.	46	RWE Starlight Team Essen					
	3.	301 Eißmann, Mareike	00:09:28	00:53:36	00:22:19	01:25:23	
	12.	303 Richter, Alexandra	00:09:23	00:56:00	00:24:18	01:29:41	
	31.	302 Scholz, Ellen	00:09:01	01:00:51	00:27:26	01:37:18	
4.	47	Kölner Triathlon Team 01 II					
	9.	355 Costea, Sarah	00:08:26	00:58:23	00:21:59	01:28:48	
	10.	356 Diawuoh, Annabel	00:00:00	01:07:50	00:21:34	01:29:24	
	28.	357 Wicker, Pamela	00:08:03	01:00:25	00:27:20	01:35:48	
5.	57	Tri Club Wuppertal					
	16.	323 Ebhardt, Nicole	00:09:37	00:57:55	00:22:27	01:29:59	
	19.	322 Kieseler, Lena	00:08:00	00:57:48	00:24:51	01:30:39	
	22.	324 Sidon, Sandra	00:00:00	00:00:00	01:33:12	01:33:12	

Plz	Verein					
6.	79	SSF Bonn III				
	7.	349 De Pury, Stephanie	00:09:23	00:55:26	00:23:23	01:28:12
	35.	350 Pithan, Isabella	00:09:52	01:01:46	00:26:37	01:38:15
	37.	351 Schriever, Janet	00:09:43	01:01:40	00:28:01	01:39:24
7.	80	Triathlon Team TG Witten II				
	24.	346 Mancini, Angela	00:10:06	00:58:55	00:24:35	01:33:36
	26.	347 Holbach, Mirjam	00:09:26	01:00:01	00:24:45	01:34:12
	30.	348 Roik, Christiane	00:11:14	01:00:45	00:24:30	01:36:29
8.	81	PSV Bonn Triathlon				
	20.	317 Sautter, Julia	00:09:17	00:58:07	00:24:22	01:31:46
	21.	316 Fritsche, Christiane	00:07:53	00:58:23	00:26:25	01:32:41
	40.	318 Schürmann, Eva	00:09:43	01:01:37	00:29:07	01:40:27
8.	81	SV Blau-Weiß Bochum				
	6.	352 Kroniger, Melanie	00:07:45	00:57:02	00:23:21	01:28:08
	27.	353 Woger, Meike	00:07:49	01:00:09	00:27:23	01:35:21
	48.	354 Kallert, Dorothee	00:12:06	01:10:06	00:25:49	01:48:01
10.	87	Hildener Allg. Turnerschaft				
	13.	363 Leutgeb, Jenni	00:10:59	00:56:30	00:22:22	01:29:51
	33.	362 Fries, Vanessa	00:08:31	01:03:01	00:26:25	01:37:57
	41.	361 Hollstein, Julia	00:08:50	01:04:05	00:28:39	01:41:34
11.	88	Tri Duck Dorsten				
	11.	358 Börmann, Jutta	00:10:58	00:54:43	00:23:44	01:29:25
	38.	359 Jansen, Claudia	00:08:43	01:03:59	00:27:30	01:40:12
	39.	360 Küper, Bernadette	00:09:39	01:04:26	00:26:08	01:40:13

Plz	Verein						
12.	93	Mondi Tri Finish Münster II					
	15.	336 Gerling, Sarah	00:08:51	00:57:48	00:23:15	01:29:54	
	35.	334 Friederici, Christine	00:07:56	01:03:33	00:26:46	01:38:15	
	43.	335 Gerhards, Eva	00:10:12	01:04:17	00:29:35	01:44:04	
13.	94	Tri Minators Voerde					
	17.	329 Berger, Clara	00:08:47	00:57:33	00:24:01	01:30:21	
	25.	328 Weinkath, Wibke	00:11:31	00:57:37	00:24:31	01:33:39	
	52.	330 Pusch, Ivonne	00:10:10	01:14:00	00:28:24	01:52:34	
14.	98	TG Neuss					
	14.	327 Pfitzner, Vera	00:09:24	00:58:04	00:22:24	01:29:52	
	29.	326 Prop, Fleur	00:09:59	01:00:50	00:25:39	01:36:28	
	55.	325 Warbrick, Tracy	00:12:00	01:16:29	00:33:06	02:01:35	
15.	127	W + F Münster II					
	34.	333 Schürmann, Monika	00:10:36	00:59:16	00:28:20	01:38:12	
	42.	331 Stein, Vanessa	00:10:37	01:04:35	00:27:07	01:42:19	
	51.	332 Hausberg, Julia	00:08:28	01:12:38	00:30:50	01:51:56	
15.	127	ASV Köln III					
	32.	307 Bender, Samira	00:11:15	01:01:23	00:25:01	01:37:39	
	46.	309 Pundt, Julia	00:11:51	01:08:57	00:25:31	01:46:19	
	49.	308 Kreienkamp, Ingrid	00:10:47	01:09:19	00:28:22	01:48:28	
17.	132	TSV Bayer 04 Leverkusen					
	18.	345 Blumenkamp, Astrid	00:07:25	00:58:40	00:24:25	01:30:30	
	45.	343 Krüger, Rebecca	00:08:42	01:08:00	00:29:34	01:46:16	
	69.	344 Höller, Andrea	00:14:39	00:55:15	00:00:00	Nicht am Start	

Plz	Verein				
18.	151	1.Tri Team Gütersloh GTV			
44.	306 Liesen, Stefanie	00:07:51	01:07:14	00:29:19	01:44:24
53.	305 Austermann, Andrea	00:12:41	01:12:32	00:27:56	01:53:09
54.	304 Kaffitz, Dagmar	00:12:11	01:13:04	00:28:48	01:54:03
19.	166	Moerser TV Triathlon			
47.	339 Pautzke, Christine	00:08:18	01:12:32	00:26:20	01:47:10
50.	338 Wendland, Beate	00:12:44	01:08:01	00:28:08	01:48:53
69.	337 Frank, Julia	00:12:57	00:00:00	00:00:00	Aufgabe - Rad
20.	198	Krefelder Kanu Klub III			
66.	340 Start340,	00:00:00	00:00:00	00:00:00	Nicht am Start
66.	342 Start342,	00:00:00	00:00:00	00:00:00	Nicht am Start
66.	341 Start341,	00:00:00	00:00:00	00:00:00	Nicht am Start
20.	198	TRI-TEAM HAGEN II			
66.	364 Hollstein, Julia	00:00:00	00:00:00	00:00:00	Nicht am Start
66.	366 Leutgeb, Jenni	00:00:00	00:00:00	00:00:00	Nicht am Start
66.	365 Fries, Vanessa	00:00:00	00:00:00	00:00:00	Nicht am Start
20.	198	PV Triathlon Witten III			
66.	320 Start320,	00:00:00	00:00:00	00:00:00	Nicht am Start
66.	321 Start321,	00:00:00	00:00:00	00:00:00	Nicht am Start
66.	319 Start319,	00:00:00	00:00:00	00:00:00	Nicht am Start

Strafen

444	Wessel, Lukas	Strafe
457	Kempe, Michael	Strafe
435	Egert, Jan	Strafe
452	Mika, Tomas	Strafe
356	Diawuoh, Annabel	Strafe
344	Höller, Andrea	Strafe
363	Leutgeb, Jenni	Strafe
312	Bennek, Eveline	Strafe