

# 23. Hagener Sparda Bank Triathlon

26.05.2013

Regionallia

1000 m / 40 km / 10 km

Plz	SNr	Name	Verein	JG		Swim	Bike	Run	Endzeit
1.	2237	Mittelbach, Carl-Daniel	Tri Team Hagen	89	M	00:13:44	00:00:00	01:54:01	02:07:45
2.	2242	Söntjens, Luka	SG Tri Power Rhein Sieg	94	M	00:14:13	01:16:28	00:39:22	02:10:03
3.	2238	Möller, Hendrik	Tri Team Hagen	92	M	00:13:04	00:00:00	01:57:04	02:10:08
4.	2207	Gems, Christian	Bayer 05 Uerdingen III	88	M	00:16:00	01:18:35	00:37:01	02:11:36
5.	2241	Fischer, Jan	SG Tri Power Rhein Sieg	91	M	00:13:42	01:18:50	00:39:11	02:11:43
6.	2252	Cramer, Michael	DLC Aachen II	86	M	00:16:01	01:19:26	00:37:16	02:12:43
7.	2228	Müller, Christoph	TRC Essen 84 II	81	M	00:16:51	01:20:58	00:35:42	02:13:31
8.	2231	Toros, Fabian	Triathlon Team Ratingen 08	92	M	00:14:30	01:21:11	00:39:03	02:14:44
9.	2246	Franzky, Johannes	ASV Köln II	81	M	00:16:48	01:20:37	00:37:28	02:14:53
10.	2234	Kempmann, Raoul	TSVE 1890 Bielefeld II	66	M	00:15:57	01:23:12	00:36:56	02:16:05
11.	2244	Hoßbach, Markus	SG Tri Power Rhein Sieg	69	M	00:15:20	01:23:05	00:38:10	02:16:35
12.	2212	Friedhoff, Pascal	Team TVE Netphen II	84	M	00:15:40	01:22:14	00:38:46	02:16:40
13.	2210	Böllert, Jan	Team TVE Netphen II	76	M	00:15:48	01:22:44	00:38:51	02:17:23
14.	2245	Buhs, Andreas	ASV Köln II	83	M	00:16:42	01:20:58	00:40:11	02:17:51
15.	2251	Quast, Christian	DLC Aachen II	89	M	00:00:00	00:00:00	02:18:25	02:18:25
16.	2250	Schöpping, Maximilian	DLC Aachen II	88	M	00:15:28	01:24:15	00:39:25	02:19:08
17.	2209	Stücher, Matthias	Team TVE Netphen II	85	M	00:17:28	01:23:28	00:38:30	02:19:26

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18.	2247	Stichler, Karsten	ASV Köln II	80	M	00:18:11	01:21:19	00:40:16	02:19:46
19.	2225	Berg, Stephan	TRC Essen 84 II	82	M	00:15:53	01:24:42	00:39:30	02:20:05
20.	2217	Kalmes, Oliver	SV Bergisch Gladbach	71	M	00:15:54	01:26:02	00:38:32	02:20:28
21.	2240	Kost, Niklas	Tri Team Hagen	94	M	00:13:39	01:28:01	00:39:30	02:21:10
22.	2205	Krins, Peter	Bayer 05 Uerdingen III	87	M	00:15:45	01:26:56	00:38:43	02:21:24
23.	2257	Gösmann, Richard Raphael	Triathlon Team Witten IV	86	M	00:17:28	00:00:00	02:04:03	02:21:31
24.	2239	Brammen, Oliver	Tri Team Hagen	94	M	00:15:01	01:27:11	00:39:47	02:21:59
25.	2224	Raulf, Stefan	LV Tristar Oelde	73	M	00:16:43	01:28:34	00:37:21	02:22:38
26.	2235	Schaal, Jörg-Christoph	TSVE 1890 Bielefeld II	70	M	00:17:03	01:23:23	00:42:22	02:22:48
27.	2248	Roth, Andreas	ASV Köln II	76	M	00:16:28	01:25:20	00:41:14	02:23:02
28.	2226	Kriege, Markus	TRC Essen 84 II	66	M	00:14:37	01:26:33	00:42:00	02:23:10
29.	2211	Frömberg, Marcus	Team TVE Netphen II	82	M	00:20:30	01:23:55	00:39:05	02:23:30
30.	2206	Lohmann, Peter	Bayer 05 Uerdingen III	66	M	00:16:53	01:28:59	00:38:04	02:23:56
31.	2227	Schillings, Sven	TRC Essen 84 II	84	M	00:16:49	01:24:22	00:43:11	02:24:22
32.	2253	Wolf, Alexander	Brander SV Tri Team II	68	M	00:16:10	01:28:21	00:39:53	02:24:24
33.	2272	Krölller, Stephan	TuS 09 Erkenschwick	88	M	00:13:38	01:27:25	00:43:30	02:24:33
34.	2249	Schiffers, Andre	DLC Aachen II	88	M	00:18:15	00:00:00	02:06:32	02:24:47
35.	2243	Senkyr, Martin	SG Tri Power Rhein Sieg	81	M	00:17:38	01:24:11	00:43:12	02:25:01
36.	2236	Dunkel, Thomas	TSVE 1890 Bielefeld II	79	M	00:20:21	01:24:52	00:40:08	02:25:21
37.	2259	Seuser, Alexander	Triathlon Team Witten IV	89	M	00:14:25	01:28:42	00:42:32	02:25:39
38.	2201	Hammelmaier, Marcus	TuS Breitscheid	73	M	00:16:39	01:23:52	00:45:10	02:25:41
39.	2232	Loskyll, Maurice	Triathlon Team Ratingen 08	93	M	00:14:14	01:29:58	00:41:31	02:25:43

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40.	2271	Diekenbrock, Timm	TuS 09 Erkenschwick	81	M	00:15:48	00:00:00	02:10:21	02:26:09
41.	2230	Terörde, Frederic	Triathlon Team Ratingen 08	94	M	00:14:49	01:31:13	00:42:00	02:28:02
42.	2265	Laermann, Ralf	M.Gladbacher TV 1848	58	M	00:15:08	01:32:39	00:40:45	02:28:32
43.	2254	Manefeld, Holger	Brander SV Tri Team II	73	M	00:16:12	01:30:28	00:42:11	02:28:51
44.	2218	Dünner, Joachim	SV Bergisch Gladbach	62	M	00:16:22	01:27:50	00:44:40	02:28:52
45.	2229	Schmidt, Burkhard	Triathlon Team Ratingen 08	60	M	00:16:02	01:30:06	00:42:50	02:28:58
46.	2256	Dammer, Sven	Brander SV Tri Team II	78	M	00:17:43	01:32:05	00:40:10	02:29:58
47.	2220	Sikora, Robert	SV Bergisch Gladbach	70	M	00:16:23	01:30:57	00:43:40	02:31:00
48.	2260	Lehmann, Sebastian	Triathlon Team Witten IV	85	M	00:18:39	01:34:13	00:39:04	02:31:56
49.	2233	Terstesse, Christian	TSVE 1890 Bielefeld II	66	M	00:16:51	01:29:34	00:46:12	02:32:37
50.	2266	Düthmann, Christian	M.Gladbacher TV 1848	83	M	00:17:15	01:33:11	00:42:42	02:33:08
51.	2221	Fust, Martin	LV Tristar Oelde	65	M	00:16:58	01:33:26	00:43:40	02:34:04
52.	2258	Dick-Cortmann, Marcus	Triathlon Team Witten IV	71	M	00:18:15	01:31:15	00:44:54	02:34:24
53.	2255	Meisenberg, Michael	Brander SV Tri Team II	72	M	00:18:02	01:29:57	00:46:59	02:34:58
54.	2223	Morisse, Andre	LV Tristar Oelde	88	M	00:16:50	01:32:53	00:48:18	02:38:01
55.	2267	Brocker, Stefan	M.Gladbacher TV 1848	67	M	00:19:37	01:36:23	00:42:28	02:38:28
56.	2262	Möllenhoff, Klaus	TG Neuss	83	M	00:18:39	01:39:14	00:40:52	02:38:45
57.	2268	Merelles, Fernando	M.Gladbacher TV 1848	77	M	00:17:27	01:42:18	00:39:25	02:39:10
58.	2269	Albrecht, David	TuS 09 Erkenschwick	89	M	00:18:03	01:54:38	00:49:03	03:01:44

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2270	Bays, Andre		TuS 09 Erkenschwick	78	M	00:16:38	00:00:00	00:00:00	Aufgabe - Rad
2219	Mekkioui, Ramsi		SV Bergisch Gladbach	72	M	00:19:04	00:00:00	00:00:00	Aufgabe - Rad
2203	Manno, Richard		TuS Breitscheid	70	M	00:12:56	00:00:00	00:00:00	Aufgabe - Rad
2204	Schütte, Jan		TuS Breitscheid	86	M	00:16:07	00:00:00	00:00:00	Aufgabe - Rad
2208	Schröter, Johannes		Bayer 05 Uerdingen III	93	M	00:14:15	00:00:00	00:00:00	Aufgabe - Rad
2222	Graw, Burkhard		LV Tristar Oelde	60	M	00:16:03	00:00:00	00:00:00	Aufgabe - Rad