

## Verl Triathlon 2012 - 14. Juli 2013 - Ergebnisliste - Landesliga Nord 1200m / 40 km / 10 km

| SNR     | PZ | Hausname, Vorname      | AK    | Verein                    | Zeit    | Schwim | Rad     | Lauf  |
|---------|----|------------------------|-------|---------------------------|---------|--------|---------|-------|
| 850     | 1  | Hammerl, Mirco         | 1. M  | Tri AS Hamm               | 1:54:03 | 20:51  | 57:45   | 35:28 |
| 805     | 2  | Kramp, Uwe             | 2. M  | Tri Team TG Lage I        | 1:54:21 | 20:48  | 57:45   | 35:49 |
| 809     | 3  | Blum, Andreas          | 3. M  | Mondi Tri Finish Münster  | 1:57:55 | 21:59  | 58:44   | 37:13 |
| 851     | 4  | Wagner, Jörg           | 4. M  | Tri AS Hamm               | 1:58:24 | 21:19  | 59:00   | 38:06 |
| 813     | 5  | Zudrop, Tim            | 5. M  | Tri Speed Marienfeld      | 1:58:30 | 21:12  | 1:00:44 | 36:34 |
| 810     | 6  | Habel, Tim             | 6. M  | Mondi Tri Finish Münster  | 2:00:24 | 23:23  | 59:24   | 37:38 |
| 842     | 7  | Kappelhoff, Michael    | 7. M  | SuS Stadtlohn             | 2:00:35 | 19:09  | 1:01:30 | 39:56 |
| 863     | 8  | Dirker, Frank          | 8. M  | TVE Greven                | 2:01:31 | 21:57  | 59:51   | 39:44 |
| 811     | 9  | Fritze, Holger         | 9. M  | Mondi Tri Finish Münster  | 2:01:36 | 21:52  | 1:02:16 | 37:30 |
| 862     | 10 | Peine, Sebastian       | 10. M | TVE Greven                | 2:02:32 | 22:18  | 1:00:32 | 39:43 |
| 815     | 11 | Kriefft, Jan           | 11. M | Tri Speed Marienfeld      | 2:02:38 | 22:55  | 59:51   | 39:53 |
| 812     | 12 | Ohls, Gerriet          | 12. M | Mondi Tri Finish Münster  | 2:02:38 | 24:12  | 1:01:19 | 37:07 |
| 833     | 13 | Bünz, Jonas            | 13. M | Mondi Tri Finish Münster  | 2:02:43 | 23:22  | 1:02:12 | 37:10 |
| 801     | 14 | Graw, Burkhard         | 14. M | LV Tristar Oelde II       | 2:04:05 | 21:40  | 1:01:17 | 41:10 |
| 823     | 15 | Mussing, Thomas        | 15. M | LTC Follow Me             | 2:05:19 | 23:12  | 1:04:02 | 38:07 |
| 836     | 16 | Ziegler, Marc          | 16. M | Mondi Tri Finish Münster  | 2:05:22 | 24:22  | 1:03:26 | 37:35 |
| 852     | 17 | Bastigkeit, Heiko      | 17. M | Tri AS Hamm               | 2:05:45 | 26:41  | 1:00:06 | 38:59 |
| 860     | 18 | Uhlenbruch, Ralf       | 18. M | SC Altenrheine            | 2:05:56 | 21:42  | 1:03:46 | 40:29 |
| 822     | 19 | Lüttkemöller, Daniel   | 19. M | LTC Follow Me             | 2:06:05 | 21:29  | 1:02:58 | 41:39 |
| 802     | 20 | Hässler, Peter         | 20. M | LV Tristar Oelde II       | 2:06:34 | 24:18  | 1:04:47 | 37:29 |
| 849     | 21 | Langerbein, Bernhard   | 21. M | Tri AS Hamm               | 2:06:53 | 23:01  | 1:01:47 | 42:06 |
| 816     | 22 | Zetzloff, Walter       | 22. M | Tri Speed Marienfeld      | 2:07:06 | 21:53  | 1:01:01 | 44:12 |
| 847     | 23 | Peters, Frank          | 23. M | SV Teuto Riesenbeck       | 2:07:18 | 19:37  | 1:04:16 | 43:25 |
| 843     | 24 | Gehling, Jürgen        | 24. M | SuS Stadtlohn             | 2:08:31 | 23:11  | 1:03:58 | 41:24 |
| 841     | 25 | Duret, Didier          | 25. M | SuS Stadtlohn             | 2:08:31 | 22:54  | 1:04:15 | 41:23 |
| 818     | 26 | Gennet, Uwe            | 26. M | Tri Sport Team Verl III   | 2:09:06 | 24:39  | 1:04:11 | 40:17 |
| 857     | 27 | Schulte Renger, Dennis | 27. M | SC Altenrheine            | 2:09:23 | 24:35  | 1:03:15 | 41:33 |
| 830     | 28 | Strathaus, Jan         | 28. M | W + F Münster III         | 2:09:26 | 22:42  | 1:05:06 | 41:38 |
| 806     | 29 | Lucht, Andreas         | 29. M | Tri Team TG Lage I        | 2:10:43 | 27:18  | 1:03:33 | 39:53 |
| 867     | 30 | Hiebing, Sebastian     | 30. M | 1. Tri Team Gütersloh III | 2:11:01 | 24:40  | 1:05:59 | 40:24 |
| 808     | 31 | Reimann, Björn         | 31. M | Tri Team TG Lage I        | 2:12:00 | 24:19  | 1:03:35 | 44:07 |
| + 4 819 | 32 | Pollmeier, Holger      | 32. M | Tri Sport Team Verl III   | 2:12:14 | 22:35  | 1:04:29 | 41:11 |
| 814     | 33 | Blömker, Werner        | 33. M | Tri Speed Marienfeld      | 2:12:37 | 24:14  | 1:03:33 | 44:50 |
| 845     | 34 | Tutino, Michael        | 34. M | SV Teuto Riesenbeck       | 2:12:44 | 29:40  | 1:05:32 | 37:34 |
| 858     | 35 | Altehülsing, Thomas    | 35. M | SC Altenrheine            | 2:13:03 | 27:39  | 1:08:30 | 36:55 |
| 856     | 36 | Linke, Phillip         | 36. M | TSVE 1890 Bielefeld V     | 2:13:10 | 27:20  | 1:04:54 | 40:57 |
| 807     | 37 | Stölting, Thomas       | 37. M | Tri Team TG Lage I        | 2:13:20 | 24:16  | 1:04:39 | 44:26 |
| 829     | 38 | Lammers, Dominik       | 38. M | W + F Münster III         | 2:13:20 | 27:02  | 1:03:26 | 42:53 |

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|     | SNR | PZ | Hausname, Vorname      |     | AK | Verein                    | Zeit    | Schwim | Rad     | Lauf  |
|-----|-----|----|------------------------|-----|----|---------------------------|---------|--------|---------|-------|
|     | 868 | 39 | Delker, Helmut         | 39. | M  | 1. Tri Team Gütersloh III | 2:13:32 | 24:34  | 1:09:41 | 39:17 |
| + 4 | 821 | 40 | Hollenberg, Christian  | 40. | M  | LTC Follow Me             | 2:13:41 | 22:13  | 1:04:32 | 42:58 |
|     | 855 | 41 | Cokkorkmaz, Berk       | 41. | M  | TSVE 1890 Bielefeld V     | 2:14:31 | 23:21  | 1:06:39 | 44:32 |
|     | 864 | 42 | Runge, Rico            | 42. | M  | TVE Greven                | 2:14:41 | 25:33  | 1:06:28 | 42:41 |
| + 4 | 817 | 43 | Ganzer, Bruno          | 43. | M  | Tri Sport Team Verl III   | 2:14:56 | 25:03  | 1:04:58 | 40:57 |
|     | 825 | 44 | Spieker, Stephan       | 44. | M  | SC Aquarius Löhne II      | 2:15:00 | 22:36  | 1:07:12 | 45:12 |
|     | 846 | 45 | Stannies, Bodo         | 45. | M  | SV Teuto Riesenbeck       | 2:15:43 | 23:26  | 1:03:18 | 48:59 |
|     | 844 | 46 | Wolters, Andreas       | 46. | M  | SuS Stadtlohn             | 2:15:47 | 31:58  | 1:03:09 | 40:41 |
|     | 838 | 47 | Hanusek, Andreas       | 47. | M  | Tri Team TG Lage II       | 2:15:54 | 27:01  | 1:07:33 | 41:20 |
|     | 804 | 48 | Selker, Astrid         | 48. | W  | LV Tristar Oelde II       | 2:16:07 | 23:42  | 1:07:26 | 45:00 |
|     | 865 | 49 | Hasler, Uwe            | 49. | M  | 1. Tri Team Gütersloh III | 2:16:09 | 23:53  | 1:04:45 | 47:32 |
|     | 839 | 50 | Weckner, Lars          | 50. | M  | Tri Team TG Lage II       | 2:17:13 | 25:51  | 1:06:53 | 44:30 |
| + 4 | 832 | 51 | Vennemann, Torsten     | 51. | M  | W + F Münster III         | 2:17:38 | 25:47  | 1:04:55 | 42:57 |
|     | 803 | 52 | Möhlmann, Ralf         | 52. | M  | LV Tristar Oelde II       | 2:18:01 | 24:08  | 1:07:49 | 46:05 |
|     | 834 | 53 | Donnermeyer, Julian    | 53. | M  | Mondi Tri Finish Münster  | 2:18:37 | 24:52  | 1:05:07 | 48:38 |
|     | 831 | 54 | Buddendick, Rainer     | 54. | M  | W + F Münster III         | 2:20:25 | 26:40  | 1:07:48 | 45:59 |
|     | 840 | 55 | Lükermann, Frank       | 55. | M  | Tri Team TG Lage II       | 2:20:57 | 24:47  | 1:09:25 | 46:46 |
| + 4 | 854 | 56 | Davids, Erik           | 56. | M  | TSVE 1890 Bielefeld V     | 2:21:10 | 24:29  | 1:06:08 | 46:34 |
|     | 861 | 57 | Nienaber, Günter       | 57. | M  | TVE Greven                | 2:21:39 | 23:23  | 1:09:10 | 49:07 |
| + 4 | 866 | 58 | Hoffmann, Jörg         | 58. | M  | 1. Tri Team Gütersloh III | 2:23:52 | 25:52  | 1:04:13 | 49:48 |
|     | 820 | 59 | Tigges, Sebastian      | 59. | M  | Tri Sport Team Verl III   | 2:24:49 | 24:00  | 1:11:51 | 48:58 |
|     | 827 | 60 | Schorre, Björn         | 60. | M  | SC Aquarius Löhne II      | 2:25:55 | 25:25  | 1:12:15 | 48:16 |
|     | 835 | 61 | Schürmann, Hendrik     | 61. | M  | Mondi Tri Finish Münster  | 2:27:51 | 26:06  | 1:07:35 | 54:11 |
|     | 826 | 62 | Greiner, Frank         | 62. | M  | SC Aquarius Löhne II      | 2:28:21 | 25:19  | 1:11:16 | 51:47 |
|     | 824 | 63 | Hörsting, Michael      | 63. | M  | LTC Follow Me             | 2:29:30 | 30:14  | 1:08:08 | 51:08 |
|     | 848 | 64 | Becke, Christian       | 64. | M  | SV Teuto Riesenbeck       | 2:29:50 | 35:26  | 1:05:49 | 48:35 |
|     | 828 | 65 | Schwarze, Heinz-Dieter | 65. | M  | SC Aquarius Löhne II      | 2:31:42 | 30:59  | 1:12:39 | 48:05 |
|     | 837 | 66 | Diemerling, Christian  | 66. | M  | Tri Team TG Lage II       | 2:34:45 | 29:35  | 1:14:25 | 50:45 |
|     | 859 | 67 | Wagemaker, Simon       |     | M  | SC Altenrheine            | aufg.   | 23:13  |         |       |
|     | 853 | 68 | Ohlemüller, Simon      |     | M  | TSVE 1890 Bielefeld V     | n.a.    |        |         |       |

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Mannschaftsergebnisliste - Landesliga Nord 1200m / 40 km / 10 km

| Pl. | Verein (ges. Zeit)  | PN  |
|-----|---|-----|
| 1.  | Mondi Tri Finish Münster IV<br>3. Andreas Blum - 1:57:55<br>6. Tim Habel - 2:00:24<br>9. Holger Fritze - 2:01:36<br>12. Gerriet Ohls - 2:02:38              | 30  |
| 2.  | Tri AS Hamm<br>1. Mirco Hammerl - 1:54:03<br>4. Jörg Wagner - 1:58:24<br>17. Heiko Bastigkeit - 2:05:45<br>21. Bernhard Langerbein - 2:06:53                | 43  |
| 3.  | Tri Speed Marienfeld<br>5. Tim Zudrop - 1:58:30<br>11. Jan Krieft - 2:02:38<br>22. Walter Zetzloff - 2:07:06<br>33. Werner Blömker - 2:12:37                | 71  |
| 4.  | Tri Team TG Lage I<br>2. Uwe Kramp - 1:54:21<br>29. Andreas Lucht - 2:10:43<br>31. Björn Reimann - 2:12:00<br>37. Thomas Stölting - 2:13:20                 | 99  |
| 5.  | SuS Stadtlohn<br>7. Michael Kappelhoff - 2:00:35<br>24. Jürgen Gehling - 2:08:31<br>25. Didier Duret - 2:08:31<br>46. Andreas Wolters - 2:15:47             | 102 |
| 6.  | TVE Greven<br>8. Frank Dirker - 2:01:31<br>10. Sebastian Peine - 2:02:32<br>42. Rico Runge - 2:14:41<br>57. Günter Nienaber - 2:21:39                       | 117 |
| 7.  | LV Tristar Oelde II<br>14. Burkhard Graw - 2:04:05<br>20. Peter Hässler - 2:06:34<br>48. Astrid Selker - 2:16:07<br>52. Ralf Möhlmann - 2:18:01             | 134 |
| 8.  | LTC Follow Me<br>15. Thomas Mussing - 2:05:19<br>19. Daniel Lüttkemöller - 2:06:05<br>40. Christian Hollenberg - 2:13:41<br>63. Michael Hörsting - 2:29:30  | 137 |
| 9.  | Mondi Tri Finish Münster V<br>13. Jonas Bünz - 2:02:43<br>16. Marc Ziegler - 2:05:22<br>53. Julian Donnermeyer - 2:18:37<br>61. Hendrik Schürmann - 2:27:51 | 143 |

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Mannschaftsergebnisliste - Landesliga Nord 1200m / 40 km / 10 km

| Pl. | Verein (ges. Zeit)   | PN  |
|-----|--|-----|
| 10. | SC Altenrheine<br>18. Ralf Uhlenbruch - 2:05:56<br>27. Dennis Schulte Renger - 2:09:23<br>35. Thomas Altehülsing - 2:13:03<br>67. Simon Wagemaker - aufg.  | 147 |
| 11. | Tri Sport Team Verl III<br>26. Uwe Gennet - 2:09:06<br>32. Holger Pollmeier - 2:12:14<br>43. Bruno Ganzer - 2:14:56<br>59. Sebastian Tigges - 2:24:49      | 160 |
| 12. | SV Teuto Riesenbeck<br>23. Frank Peters - 2:07:18<br>34. Michael Tutino - 2:12:44<br>45. Bodo Stannies - 2:15:43<br>64. Christian Becke - 2:29:50          | 166 |
| 13. | W + F Münster III<br>28. Jan Strathaus - 2:09:26<br>38. Dominik Lammers - 2:13:20<br>51. Torsten Vennemann - 2:17:38<br>54. Rainer Buddendick - 2:20:25    | 171 |
| 14. | 1. Tri Team Gütersloh III<br>30. Sebastian Hiebing - 2:11:01<br>39. Helmut Delker - 2:13:32<br>49. Uwe Hasler - 2:16:09<br>58. Jörg Hoffmann - 2:23:52     | 176 |
| 15. | TSVE 1890 Bielefeld V<br>36. Phillip Linke - 2:13:10<br>41. Berk Cokkorkmaz - 2:14:31<br>56. Erik Davids - 2:21:10<br>68. Simon Ohlemüller - n.a.          | 201 |
| 16. | Tri Team TG Lage II<br>47. Andreas Hanusek - 2:15:54<br>50. Lars Weckner - 2:17:13<br>55. Frank Lükermann - 2:20:57<br>66. Christian Diemerling - 2:34:45  | 218 |
| 17. | SC Aquarius Löhne II<br>44. Stephan Spieker - 2:15:00<br>60. Björn Schorre - 2:25:55<br>62. Frank Greiner - 2:28:21<br>65. Heinz-Dieter Schwarze - 2:31:42 | 231 |