

7. Sparkassen - Triathlon - Herscheid

25.05.2013

Landesliga - Mitte

500 m / 20 km / 5 km

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
1.	1082	Gärtner, Markus	Tri Speed Herscheid	00:08:55	00:46:14	00:19:07	01:14:16
2.	1073	Fahrenson, Bernd	PV Triathlon Witten	00:08:37	00:47:12	00:19:00	01:14:49
3.	1081	Biehsmann, Sven	Tri Speed Herscheid	00:08:49	00:45:53	00:20:20	01:15:02
4.	1033	Müller, Peter	Tri Team Hagen II	00:09:18	00:48:11	00:19:40	01:17:09
5.	1036	Brylka, Michael	Tri Team Hagen II	00:08:28	00:49:08	00:19:44	01:17:20
6.	1013	Kustermann, Michael	RWE Starlight Team Essen II	00:08:00	00:48:00	00:22:38	01:18:38
7.	1025	Frie, Rainer	Soester Tri Team	00:08:02	00:49:37	00:21:21	01:19:00
8.	1038	Hoppe, Sebastian	SV Blau-Weiß Bochum	00:06:56	00:50:24	00:22:06	01:19:26
9.	1083	Holzmann, Frank	Tri Speed Herscheid	00:08:53	00:52:07	00:19:01	01:20:01
9.	1057	Ahl, Thorsten	SV Sterkrade Nord II	00:08:38	00:51:07	00:20:16	01:20:01
11.	1097	Müller, Jan-Kristof	Triathlon Team Witten VI	00:08:55	00:50:50	00:20:31	01:20:16
12.	1008	Telahr, Jürgen	Bocholter WSV III	00:09:30	00:48:58	00:22:04	01:20:32
13.	1091	Nieberg, Sebastian	TV Werne 03 Wasserfreunde e.V	00:08:37	00:51:07	00:20:54	01:20:38
14.	1022	Döring, Tobias	Tri Team Tus Jahn Ohle	00:09:35	00:49:22	00:21:43	01:20:40

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
15.	1035	Hillebrand, Yannik	Tri Team Hagen II	00:07:32	00:52:15	00:21:04	01:20:51
16.	1024	Wieczorek, Dieter	Tri Team Tus Jahn Ohle	00:12:25	00:48:30	00:19:58	01:20:53
17.	1019	Schubert, Gerrit	Triathlon Team Ratingen 08 II	00:08:09	00:51:09	00:21:56	01:21:14
18.	1051	Hüttner, Stefan	Delphin Dorsten II	00:08:57	00:51:57	00:20:41	01:21:35
19.	1023	Gabor, Peter	Tri Team Tus Jahn Ohle	00:11:31	00:49:16	00:21:16	01:22:03
20.	1037	Salamon, Andy	SV Blau-Weiß Bochum	00:07:15	00:51:33	00:23:20	01:22:08
21.	1020	Mussehl, Valentin	Triathlon Team Ratingen 08 II	00:07:07	00:52:15	00:22:52	01:22:14
22.	1018	von der Mark, Leon	Triathlon Team Ratingen 08 II	00:08:24	00:53:32	00:20:26	01:22:22
23.	1075	Köster, Mark	PV Triathlon Witten	00:08:57	00:52:20	00:21:26	01:22:43
24.	1026	Scholz, Sebastian	Soester Tri Team	00:08:53	00:53:58	00:20:04	01:22:55
25.	1010	Döpfer, Marco	Hildener Allg. Turnerschaft II	00:08:45	00:53:15	00:21:01	01:23:01
26.	1099	Kruza, Marius	Triathlon Team Witten VI	00:09:21	00:52:49	00:20:56	01:23:06
27.	1002	Kotseronis, Peter	TuS Breitscheid	00:09:54	00:52:42	00:20:31	01:23:07
28.	1089	Koch, Ralf	TV Werne 03 Wasserfreunde e.V	00:08:47	00:52:33	00:21:50	01:23:10
29.	1090	Rohe, Wolfgang	TV Werne 03 Wasserfreunde e.V	00:08:51	00:52:04	00:22:18	01:23:13
30.	1034	Pohlmann, Rene	Tri Team Hagen II	00:07:21	00:55:52	00:20:16	01:23:29
31.	1021	Schmidt, Paul	Tri Team Tus Jahn Ohle	00:09:42	00:53:03	00:20:56	01:23:41
32.	1107	Zeiler, Ralf	TRI-TEAM HAGEN III	00:08:19	00:53:30	00:22:01	01:23:50

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
32.	1106	Dziambor, Jochen	TRI-TEAM HAGEN III	00:10:22	00:52:01	00:21:27	01:23:50
34.	1087	Aßhoff, Maik	Tri Team Selm	00:08:42	00:54:30	00:20:43	01:23:55
35.	1004	Felgenträger, Jörg	TuS Breitscheid	00:08:07	00:52:46	00:23:07	01:24:00
36.	1040	Dierkes, Frank	SV Blau-Weiß Bochum	00:08:27	00:52:56	00:22:52	01:24:15
37.	1011	Kautz, René	Hildener Allg. Turnerschaft II	00:08:56	00:55:23	00:20:28	01:24:47
38.	1009	Einhoff, Jan Lukas	Hildener Allg. Turnerschaft II	00:08:46	00:53:55	00:22:07	01:24:48
39.	1084	Paul, Christian	Tri Speed Herscheid	00:09:35	00:53:45	00:21:52	01:25:12
40.	1071	Langner, Benjamin	Herner Triathlon Team 11 II	00:07:45	00:55:28	00:22:12	01:25:25
41.	1041	Baltes, Maik	tri.SI (Triathlon Siegen)	00:09:17	00:55:15	00:21:02	01:25:34
42.	1098	Weckelmann, Matthias	Triathlon Team Witten VI	00:09:23	00:54:19	00:21:55	01:25:37
43.	1017	Heidrich, Alexander	Triathlon Team Ratingen 08 II	00:08:25	00:56:31	00:21:28	01:26:24
44.	1095	Cramer, Matthias	RC Sorpensee	00:08:51	00:53:51	00:23:45	01:26:27
45.	1014	Knauff, Matthias	RWE Starlight Team Essen II	00:11:46	00:53:27	00:21:20	01:26:33
46.	1101	Thielert, Fabio	Triathlon Team Ratingen 08 III	00:07:49	00:56:10	00:23:12	01:27:11
46.	1100	Lischka, Jan Timo	Triathlon Team Witten VI	00:08:14	00:57:15	00:21:42	01:27:11
48.	1029	Backhaus, Ralf	Schwelmer SC	00:09:04	00:53:10	00:25:02	01:27:16
49.	1102	Wolff, Joana	Triathlon Team Ratingen 08 III	00:07:45	00:55:50	00:24:03	01:27:38
50.	1093	Laqua, Michael	RC Sorpensee	00:11:46	00:56:33	00:19:23	01:27:42
51.	1030	Lettmayer, Lars	Schwelmer SC	00:09:59	00:53:53	00:23:55	01:27:47

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52.	1105	Pienkny, Sven	TRI-TEAM HAGEN III	00:09:42	00:55:55	00:22:17	01:27:54
53.	1052	Vogel, Arno	Delphin Dorsten II	00:09:00	00:55:05	00:23:55	01:28:00
54.	1027	Rinsche, Jörg	Soester Tri Team	00:08:51	00:55:32	00:23:47	01:28:10
55.	1104	Skoerys, Michael	Triathlon Team Ratingen 08 III	00:11:57	00:54:53	00:21:35	01:28:25
56.	1088	Thiel, Henry	Tri Team Selm	00:08:31	00:55:51	00:24:25	01:28:47
57.	1070	Fischer, Alexander	Herner Triathlon Team 11 II	00:00:00	00:00:00	01:29:14	01:29:14
58.	1032	Krull, Joachim	Schwelmer SC	00:08:11	00:58:02	00:23:08	01:29:21
59.	1039	Schuba, Markus	SV Blau-Weiß Bochum	00:08:54	00:58:18	00:22:22	01:29:34
60.	1045	Karge, Ulrich	TSG Sprockhövel	00:09:37	00:57:46	00:22:19	01:29:42
61.	1050	Broders, Volker	Delphin Dorsten II	00:09:55	00:57:07	00:23:24	01:30:26
62.	1005	Brands, Jan-Mischa	Bocholter WSV III	00:10:32	00:56:54	00:23:07	01:30:33
63.	1016	Rengers, Katja	RWE Starlight Team Essen II	00:07:56	00:00:00	01:22:38	01:30:34
64.	1028	Kettel, Ralph	Soester Tri Team	00:10:06	00:57:15	00:23:25	01:30:46
64.	1103	Smethurst, Miles	Triathlon Team Ratingen 08 III	00:11:38	00:55:08	00:24:00	01:30:46
66.	1012	Michalski, Carsten	Hildener Allg. Turnerschaft II	00:08:45	00:59:08	00:22:55	01:30:48
67.	1069	Rosin, Marco	Herner Triathlon Team 11 II	00:08:54	00:59:10	00:23:04	01:31:08
68.	1006	Lammers, Hans	Bocholter WSV III	00:09:38	00:59:19	00:22:49	01:31:46
69.	1065	Pollmann, Uwe	SC Wiking Herne	00:09:03	00:58:12	00:24:32	01:31:47
70.	1086	Krieg, Michel	Tri Team Selm	00:09:21	01:03:09	00:20:00	01:32:30
71.	1059	Lawrenz, Sven	SV Sterkrade Nord II	00:08:40	00:59:13	00:24:42	01:32:35

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72.	1053	Jungesblut, Frank	TuS 09 Erkenschwick II	00:09:09	00:59:13	00:24:38	01:33:00
73.	1060	Zimmer, Olivier	SV Sterkrade Nord II	00:10:36	00:58:16	00:24:16	01:33:08
74.	1031	Middeldorf, Helge	Schwelmer SC	00:09:04	00:59:51	00:25:12	01:34:07
75.	1001	Tischer, Norman	TuS Breitscheid	00:11:31	01:00:17	00:23:04	01:34:52
76.	1007	Rzyla, Adrian	Bocholter WSV III	00:12:28	00:57:54	00:24:48	01:35:10
77.	1049	Avakian, Armin	Delphin Dorsten II	00:10:33	01:00:26	00:24:23	01:35:22
78.	1063	Lewald, André	Hartman Team TVG Kaiserau II	00:10:23	00:58:16	00:26:45	01:35:24
79.	1047	Klupsch, Dietmar	TSG Sprockhövel	00:10:46	01:01:41	00:23:19	01:35:46
80.	1043	Hähner, Patrick	tri.SI (Triathlon Siegen)	00:11:07	01:01:40	00:23:03	01:35:50
81.	1046	Czibor, Michael	TSG Sprockhövel	00:09:16	00:58:08	00:28:59	01:36:23
82.	1015	Wind, Andreas	RWE Starlight Team Essen II	00:09:25	01:01:01	00:26:07	01:36:33
83.	1048	Dresel, Volker	TSG Sprockhövel	00:11:47	01:04:30	00:20:18	01:36:35
84.	1042	Valdmains, Ivars	tri.SI (Triathlon Siegen)	00:10:00	01:12:39	00:13:59	01:36:38
85.	1003	Balicki, Marvin	TuS Breitscheid	00:10:50	01:05:36	00:21:25	01:37:51
86.	1044	Wiese, Thorsten	tri.SI (Triathlon Siegen)	00:13:21	01:01:01	00:23:36	01:37:58
87.	1085	Bernt, Sascha	Tri Team Selm	00:09:18	01:04:19	00:24:36	01:38:13
88.	1055	Von Garrel, Anja	TuS 09 Erkenschwick II	00:09:58	01:02:26	00:26:11	01:38:35
89.	1108	Benz, Christian	TRI-TEAM HAGEN III	00:10:19	01:02:26	00:26:22	01:39:07
90.	1066	Temme, Georg	SC Wiking Herne	00:11:52	01:03:14	00:24:40	01:39:46
91.	1062	Hanitz, Mathias	Hartman Team TVG Kaiserau II	00:09:07	01:03:09	00:28:47	01:41:03

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
92.	1094	Wiggeshoff, Michael	RC Sorpesee	00:12:42	01:02:56	00:26:03	01:41:41
93.	1058	Langenbusch, Maike	SV Sterkrade Nord II	00:11:16	01:04:29	00:26:23	01:42:08
94.	1064	Thielmann, Tobias	Hartman Team TVG Kaiserau II	00:00:00	01:18:01	00:25:02	01:43:03
95.	1067	Noll, Siegfried	SC Wiking Herne	00:11:12	01:05:04	00:26:54	01:43:10
96.	1076	Surwehme, Edmund	PV Triathlon Witten	00:12:08	01:08:21	00:25:05	01:45:34
97.	1054	Thiel, Markus	TuS 09 Erkenschwick II	00:11:54	01:07:04	00:30:01	01:48:59
98.	1074	Pastor, Jobst	PV Triathlon Witten	00:11:15	01:13:09	00:28:35	01:52:59
99.	1072	Trzaska, Lena	Herner Triathlon Team 11 II	00:08:49	01:12:05	00:32:13	01:53:07
100.	1068	Duffe, Michael	SC Wiking Herne	00:11:04	01:18:21	00:30:08	01:59:33
	1092	Hilscher, Benedikt	TV Werne 03 Wasserfreunde e.V	00:07:15	00:00:00	00:00:00	Aufgabe - Rad
	1096	Gräser, Ralf	RC Sorpesee	00:07:53	00:00:00	00:00:00	Aufgabe - Rad

Strafen

1014	Knauff, Matthias	gelbe Karte
1044	Wiese, Thorsten	gelbe Karte
1104	Skoerys, Michael	gelbe Karte
1003	Balicki, Marvin	gelbe Karte
1054	Thiel, Markus	gelbe Karte