

Hagener Triathlon

22.05.2016

Landesliga Mitte

1000 m / 40 km / 10 km

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
1.	1029	Schmidt, Morten	Triathlon Team Ratingen 08 II	00:14:15	01:18:20	00:43:06	02:15:41
2.	1094	Lindemann, Marius	SV Gladbeck 13	00:15:12	01:20:37	00:41:13	02:17:02
3.	1081	Müller, Jan-Kristof	SC Westfalia 04 Herne	00:17:52	01:18:41	00:40:53	02:17:26
4.	1007	Rayher, Benjamin	Tri Duck Dorsten II	00:15:22	01:20:26	00:42:31	02:18:19
5.	1089	Zbocna, Maximilian	TV Attendorn TRI-TIME	00:15:52	01:21:21	00:42:19	02:19:32
6.	1093	Adamski, Andreas	SV Gladbeck 13	00:16:38	01:19:33	00:43:34	02:19:45
7.	1082	Gniffke, Michael	SC Westfalia 04 Herne	00:18:17	01:18:05	00:43:46	02:20:08
8.	1092	Selter, Benjamin	TV Attendorn TRI-TIME	00:17:04	01:22:07	00:41:24	02:20:35
9.	1051	Berg, Torsten	TuS 09 Erkenschwick II	00:17:47	01:21:07	00:42:03	02:20:57
10.	1091	Kaufmann, Daniel	TV Attendorn TRI-TIME	00:15:24	01:21:50	00:43:44	02:20:58
11.	1014	Neuhaus, Torsten	RC Lüdenscheid II	00:14:37	01:20:01	00:46:27	02:21:05
12.	1056	Jotzo, Marco	Bocholter WSV III	00:17:05	01:19:46	00:44:45	02:21:36
13.	1044	Naßmacher, René	Sportgemeinschaft t Borken	00:17:31	01:24:14	00:40:31	02:22:16
+2 14.	1001	Wieczorek, Dieter	Triathlon Team ALTE/Jahn Ohle	00:24:12	01:16:48	00:42:35	02:23:35

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
15.	1003	Döring, Tobias	Triathlon Team ALTE/Jahn Ohle	00:17:04	01:20:41	00:46:46	02:24:31
16.	1061	Baltes, Maik	tri.SI (Triathlon Siegen)	00:18:59	01:25:17	00:41:24	02:25:40
17.	1032	Thiele, Tobias	Triathlon Team Ratingen 08 II	00:20:24	01:20:19	00:44:59	02:25:42
18.	1031	Rudat, Philipp	Triathlon Team Ratingen 08 II	00:17:13	01:24:22	00:45:03	02:26:38
19.	1026	Dumke, Tilmann	SG Welper	00:14:45	01:25:27	00:48:26	02:28:38
20.	1097	Niessner, Jannick	Hartman Team TVG Kaiserau	00:19:18	01:27:08	00:42:21	02:28:47
21.	1077	Ullrich, Domink	Rückenwind Geckos Dortmund IV	00:15:55	01:26:22	00:46:35	02:28:52
22.	1078	Jepkens, Lars	Rückenwind Geckos Dortmund IV	00:15:30	01:26:44	00:47:01	02:29:15
23.	1024	Thiel, Andreas	Schwelmer SC	00:17:37	01:25:27	00:47:14	02:30:18
24.	1076	Koch, Ralf	TV Werne 03 Wasserfreunde II	00:00:00	01:43:46	00:46:46	02:30:32
25.	1096	Döweling, Niklas	SV Gladbeck 13	00:14:16	01:28:03	00:48:28	02:30:47
26.	1004	Henseler, Marcel	Triathlon Team ALTE/Jahn Ohle	00:19:54	01:24:46	00:46:12	02:30:52
27.	1100	Häcker, Jan	Hartman Team TVG Kaiserau	00:15:38	01:25:41	00:49:47	02:31:06
28.	1043	Kortstegge, Jürgen	Sportgemeinschaf t Borken	00:16:22	01:30:20	00:44:56	02:31:38
29.	1065	Kriegel, René	Nordtriathleten Oberhausen II	00:21:36	01:29:48	00:40:24	02:31:48
30.	1042	Haane, Stefan	Sportgemeinschaf t Borken	00:16:10	01:30:35	00:45:37	02:32:22
31.	1087	Westerdorf, Stefan	Herner Triathlon Team 11	00:20:01	01:26:37	00:46:28	02:33:06

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
32.	1084	Schmidt, Jörg	SC Westfalia 04 Herne	00:23:56	01:24:13	00:45:33	02:33:42
33.	1090	Wortmann, Stefan	TV Attendorn TRI-TIME	00:15:52	01:34:04	00:43:48	02:33:44
34.	1002	Björn, Peters	Triathlon Team ALTE/Jahn Ohle	00:20:08	01:28:29	00:45:08	02:33:45
35.	1021	Eckert, Jörg	Schwelmer SC	00:20:06	01:29:36	00:44:05	02:33:47
36.	1062	Schneider, Detlef	tri.SI (Triathlon Siegen)	00:21:06	01:25:39	00:47:03	02:33:48
37.	1008	Tewes, Ingo	Tri Duck Dorsten II	00:16:15	01:30:00	00:48:22	02:34:37
38.	1057	Koch, Christian	TSG Sprockhövel	00:17:46	01:28:09	00:49:12	02:35:07
39.	1048	Gabriel, Jakob	SV Blau-Weiß Bochum	00:15:51	01:30:23	00:49:24	02:35:38
40.	1028	Trilling, Oliver	SG Welper	00:20:25	01:24:18	00:50:57	02:35:40
41.	1012	Fache, Michael	Tri Speed Herscheid II	00:19:07	01:30:34	00:46:01	02:35:42
42.	1034	Knauff, Matthias	Starlight Team Essen III	00:17:36	01:31:34	00:46:45	02:35:55
43.	1045	Vogt, Michael	SV Blau-Weiß Bochum	00:20:12	01:31:04	00:44:50	02:36:06
44.	1047	Rödig, Volker	SV Blau-Weiß Bochum	00:18:44	01:30:31	00:47:19	02:36:34
45.	1025	Becker, Marco	SG Welper	00:15:19	01:31:26	00:50:11	02:36:56
46.	1075	Knowlden, James	TV Werne 03 Wasserfreunde II	00:17:05	01:28:56	00:51:00	02:37:01
47.	1006	Kick, Frank	Tri Duck Dorsten II	00:17:07	01:26:24	00:53:45	02:37:16
48.	1083	Mann, Jürgen	SC Westfalia 04 Herne	00:21:14	01:30:58	00:45:09	02:37:21
49.	1053	Rzyla, Adrian	Bocholter WSV III	00:22:39	01:25:39	00:49:08	02:37:26

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
50.	1066	Wehran, Frank	Nordtriathleten Oberhausen II	00:22:57	01:28:18	00:46:40	02:37:55
51.	1067	Hoffmann, Carsten	Nordtriathleten Oberhausen II	00:19:49	01:28:57	00:49:18	02:38:04
52.	1017	Weiner, Thomas	TuS Breitscheid	00:21:47	01:28:04	00:48:34	02:38:25
53.	1033	Maerz, Christian	Starlight Team Essen III	00:22:28	01:30:15	00:45:52	02:38:35
54.	1099	Kirschberger, Tobias	Hartman Team TVG Kaiserau	00:21:55	01:31:38	00:45:36	02:39:09
55.	1055	Lammers, Hans	Bocholter WSV III	00:17:54	01:35:00	00:47:58	02:40:52
56.	1098	Wagner, Matthias	Hartman Team TVG Kaiserau	00:16:56	01:31:57	00:52:12	02:41:05
57.	1085	Chill, Jan	Herner Triathlon Team 11	00:19:14	01:31:44	00:50:16	02:41:14
58.	1030	Rath, Martin	Triathlon Team Ratingen 08 II	00:19:48	01:35:15	00:46:12	02:41:15
59.	1049	Kreß, Dirk	TuS 09 Erkenschwick II	00:17:36	01:35:08	00:49:05	02:41:49
60.	1022	Krull, Joachim	Schwelmer SC	00:16:23	01:30:25	00:55:12	02:42:00
61.	1016	Glörfeld, Lars	RC Lüdenscheid II	00:17:40	01:40:32	00:44:12	02:42:24
62.	1018	Schulte-Pitzke, Bernfried	TuS Breitscheid	00:19:16	01:32:33	00:52:26	02:44:15
63.	1064	Junker, Andreas	tri.SI (Triathlon Siegen)	00:18:41	01:36:39	00:49:55	02:45:15
64.	1079	Schölch, Linda	Rückenwind Geckos Dortmund IV	00:16:49	01:35:42	00:52:54	02:45:25
65.	1027	Trilling, Anke	SG Welper	00:19:05	01:39:54	00:47:07	02:46:06
66.	1095	Dieckmann, Tobias	SV Gladbeck 13	00:15:38	01:36:16	00:54:51	02:46:45
67.	1015	Kalogeropoulos, Nikolaos	RC Lüdenscheid II	00:19:44	01:37:46	00:49:23	02:46:53
68.	1023	Schulte, Mareike	Schwelmer SC	00:14:25	01:36:09	00:56:50	02:47:24

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
69.	1088	Stein, Søren	Herner Triathlon Team 11	00:18:20	01:29:58	00:59:22	02:47:40
70.	1010	Gräser, Ralf	Tri Speed Herscheid II	00:15:29	01:36:27	00:55:50	02:47:46
71.	1054	Lensing, Reinhold	Bocholter WSV III	00:22:24	01:33:20	00:52:12	02:47:56
72.	1036	Seiler, Björn	Starlight Team Essen III	00:19:11	01:36:27	00:52:59	02:48:37
73.	1011	Richter, Dietmar	Tri Speed Herscheid II	00:21:25	01:38:06	00:50:17	02:49:48
74.	1068	Thiel, Marcus	Nordtriathleten Oberhausen II	00:22:16	01:33:46	00:53:49	02:49:51
75.	1046	Kallert, Dotothee	SV Blau-Weiß Bochum	00:21:52	01:39:33	00:51:40	02:53:05
76.	1080	Huhn, Carina	Rückenwind Geckos Dortmund IV	00:20:28	01:37:35	00:55:29	02:53:32
77.	1041	Aehling, Heike	Sportgemeinschaf t Borken	00:21:40	01:36:48	00:56:29	02:54:57
78.	1073	Montag, Kerstin	TV Werne 03 Wasserfreunde II	00:22:11	01:40:05	00:53:00	02:55:16
79.	1020	Grosser, Walter	TuS Breitscheid	00:20:07	01:40:58	00:55:56	02:57:01
80.	1009	Lachnitt, Frank	Tri Speed Herscheid II	00:18:24	01:37:18	01:02:38	02:58:20
81.	1063	Hering, Markus	tri.SI (Triathlon Siegen)	00:18:45	01:39:27	01:00:38	02:58:50
82.	1060	Pickhardt, Marc	TSG Sprockhövel	00:00:00	01:59:38	01:00:04	02:59:42
83.	1074	Löhr, Silke	TV Werne 03 Wasserfreunde II	00:23:07	01:43:23	00:54:01	03:00:31
84.	1019	Walter, Jonas	TuS Breitscheid	00:17:35	01:41:30	01:03:31	03:02:36
85.	1050	Förster, Udo	TuS 09 Erkenschwick II	00:23:08	01:47:30	00:56:02	03:06:40

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
86.	1086	Bottlis, Frank	Herner Triathlon Team 11	00:25:33	01:44:00	01:01:16	03:10:49
87.	1005	Jansen, Claudia	Tri Duck Dorsten II	00:19:19	01:46:20	01:05:42	03:11:21
88.	1035	Dickerboom, Yannick Marco	Starlight Team Essen III	00:17:08	01:49:44	01:06:11	03:13:03
89.	1052	Schlickeisen, Uwe	TuS 09 Erkenschwick II	00:21:40	01:50:49	01:03:01	03:15:30
	1058	Käsebier, Tanja	TSG Sprockhövel	00:20:34	00:00:00	00:00:00	Aufgabe - Rad

Strafen

1001 Wieczorek, Dieter

Helm zu früh geöffnet

Hagener Triathlon

22.05.2016

Landesliga Mitte

Plz	Verein					
1.	56	TV Attendorn TRI-TIME				
	5.	1089 Zbocna, Maximilian	00:15:52	01:21:21	00:42:19	02:19:32
	8.	1092 Selter, Benjamin	00:17:04	01:22:07	00:41:24	02:20:35
	10.	1091 Kaufmann, Daniel	00:15:24	01:21:50	00:43:44	02:20:58
	33.	1090 Wortmann, Stefan	00:15:52	01:34:04	00:43:48	02:33:44
2.	89	Triathlon Team ALTE/Jahn Ohle				
	14.	1001 Wieczorek, Dieter	00:24:12	01:16:48	00:42:35	02:23:35
	15.	1003 Döring, Tobias	00:17:04	01:20:41	00:46:46	02:24:31
	26.	1004 Henseler, Marcel	00:19:54	01:24:46	00:46:12	02:30:52
	34.	1002 Björn, Peters	00:20:08	01:28:29	00:45:08	02:33:45
3.	90	SC Westfalia 04 Herne				
	3.	1081 Müller, Jan-Kristof	00:17:52	01:18:41	00:40:53	02:17:26
	7.	1082 Gniffke, Michael	00:18:17	01:18:05	00:43:46	02:20:08
	32.	1084 Schmidt, Jörg	00:23:56	01:24:13	00:45:33	02:33:42
	48.	1083 Mann, Jürgen	00:21:14	01:30:58	00:45:09	02:37:21
4.	94	Triathlon Team Ratingen 08 II				
	1.	1029 Schmidt, Morten	00:14:15	01:18:20	00:43:06	02:15:41
	17.	1032 Thiele, Tobias	00:20:24	01:20:19	00:44:59	02:25:42
	18.	1031 Rudat, Philipp	00:17:13	01:24:22	00:45:03	02:26:38
	58.	1030 Rath, Martin	00:19:48	01:35:15	00:46:12	02:41:15

Plz	Verein						
5.	99	SV Gladbeck 13					
	2.	1094 Lindemann, Marius	00:15:12	01:20:37	00:41:13	02:17:02	
	6.	1093 Adamski, Andreas	00:16:38	01:19:33	00:43:34	02:19:45	
	25.	1096 Döweling, Niklas	00:14:16	01:28:03	00:48:28	02:30:47	
	66.	1095 Dieckmann, Tobias	00:15:38	01:36:16	00:54:51	02:46:45	
6.	148	Sportgemeinschaft Borken					
	13.	1044 Naßmacher, René	00:17:31	01:24:14	00:40:31	02:22:16	
	28.	1043 Kortstegge, Jürgen	00:16:22	01:30:20	00:44:56	02:31:38	
	30.	1042 Haane, Stefan	00:16:10	01:30:35	00:45:37	02:32:22	
	77.	1041 Aehling, Heike	00:21:40	01:36:48	00:56:29	02:54:57	
7.	157	Hartman Team TVG Kaiserau					
	20.	1097 Niessner, Jannick	00:19:18	01:27:08	00:42:21	02:28:47	
	27.	1100 Häcker, Jan	00:15:38	01:25:41	00:49:47	02:31:06	
	54.	1099 Kirschberger, Tobias	00:21:55	01:31:38	00:45:36	02:39:09	
	56.	1098 Wagner, Matthias	00:16:56	01:31:57	00:52:12	02:41:05	
8.	169	SG Welper					
	19.	1026 Dumke, Tilmann	00:14:45	01:25:27	00:48:26	02:28:38	
	40.	1028 Trilling, Oliver	00:20:25	01:24:18	00:50:57	02:35:40	
	45.	1025 Becker, Marco	00:15:19	01:31:26	00:50:11	02:36:56	
	65.	1027 Trilling, Anke	00:19:05	01:39:54	00:47:07	02:46:06	
9.	175	Tri Duck Dorsten II					
	4.	1007 Rayher, Benjamin	00:15:22	01:20:26	00:42:31	02:18:19	
	37.	1008 Tewes, Ingo	00:16:15	01:30:00	00:48:22	02:34:37	
	47.	1006 Kick, Frank	00:17:07	01:26:24	00:53:45	02:37:16	
	87.	1005 Jansen, Claudia	00:19:19	01:46:20	01:05:42	03:11:21	

Plz	Verein						
10.	183	Rückenwind Geckos Dortmund IV					
	21.	1077 Ullrich, Domink	00:15:55	01:26:22	00:46:35	02:28:52	
	22.	1078 Jepkens, Lars	00:15:30	01:26:44	00:47:01	02:29:15	
	64.	1079 Schölch, Linda	00:16:49	01:35:42	00:52:54	02:45:25	
	76.	1080 Huhn, Carina	00:20:28	01:37:35	00:55:29	02:53:32	
11.	186	Schwelmer SC					
	23.	1024 Thiel, Andreas	00:17:37	01:25:27	00:47:14	02:30:18	
	35.	1021 Eckert, Jörg	00:20:06	01:29:36	00:44:05	02:33:47	
	60.	1022 Krull, Joachim	00:16:23	01:30:25	00:55:12	02:42:00	
	68.	1023 Schulte, Mareike	00:14:25	01:36:09	00:56:50	02:47:24	
12.	187	Bocholter WSV III					
	12.	1056 Jotzo, Marco	00:17:05	01:19:46	00:44:45	02:21:36	
	49.	1053 Rzyla, Adrian	00:22:39	01:25:39	00:49:08	02:37:26	
	55.	1055 Lammers, Hans	00:17:54	01:35:00	00:47:58	02:40:52	
	71.	1054 Lensing, Reinhold	00:22:24	01:33:20	00:52:12	02:47:56	
13.	196	tri.SI (Triathlon Siegen)					
	16.	1061 Baltés, Maik	00:18:59	01:25:17	00:41:24	02:25:40	
	36.	1062 Schneider, Detlef	00:21:06	01:25:39	00:47:03	02:33:48	
	63.	1064 Junker, Andreas	00:18:41	01:36:39	00:49:55	02:45:15	
	81.	1063 Hering, Markus	00:18:45	01:39:27	01:00:38	02:58:50	
14.	201	SV Blau-Weiß Bochum					
	39.	1048 Gabriel, Jakob	00:15:51	01:30:23	00:49:24	02:35:38	
	43.	1045 Vogt, Michael	00:20:12	01:31:04	00:44:50	02:36:06	
	44.	1047 Rödiger, Volker	00:18:44	01:30:31	00:47:19	02:36:34	
	75.	1046 Kallert, Dotothee	00:21:52	01:39:33	00:51:40	02:53:05	

Plz	Verein						
15.	204	Nordtriathleten Oberhausen II					
		29.	1065 Kriegel, René	00:21:36	01:29:48	00:40:24	02:31:48
		50.	1066 Wehran, Frank	00:22:57	01:28:18	00:46:40	02:37:55
		51.	1067 Hoffmann, Carsten	00:19:49	01:28:57	00:49:18	02:38:04
		74.	1068 Thiel, Marcus	00:22:16	01:33:46	00:53:49	02:49:51
16.	231	TV Werne 03 Wasserfreunde II					
		24.	1076 Koch, Ralf	00:00:00	01:43:46	00:46:46	02:30:32
		46.	1075 Knowlden, James	00:17:05	01:28:56	00:51:00	02:37:01
		78.	1073 Montag, Kerstin	00:22:11	01:40:05	00:53:00	02:55:16
		83.	1074 Löhr, Silke	00:23:07	01:43:23	00:54:01	03:00:31
17.	242	RC Lüdenscheid II					
		11.	1014 Neuhaus, Torsten	00:14:37	01:20:01	00:46:27	02:21:05
		61.	1016 Glörfeld, Lars	00:17:40	01:40:32	00:44:12	02:42:24
		67.	1015 Kalogeropoulos, Nikolaos	00:19:44	01:37:46	00:49:23	02:46:53
		103	1013 Kleinschmidt, Oliver	00:00:00	00:00:00	00:00:00	Nicht am Start
17.	242	TuS 09 Erkenschwick II					
		9.	1051 Berg, Torsten	00:17:47	01:21:07	00:42:03	02:20:57
		59.	1049 Kreß, Dirk	00:17:36	01:35:08	00:49:05	02:41:49
		85.	1050 Förster, Udo	00:23:08	01:47:30	00:56:02	03:06:40
		89.	1052 Schlickeisen, Uwe	00:21:40	01:50:49	01:03:01	03:15:30
19.	243	Herner Triathlon Team 11					
		31.	1087 Westerdorf, Stefan	00:20:01	01:26:37	00:46:28	02:33:06
		57.	1085 Chill, Jan	00:19:14	01:31:44	00:50:16	02:41:14
		69.	1088 Stein, Søren	00:18:20	01:29:58	00:59:22	02:47:40
		86.	1086 Bottlis, Frank	00:25:33	01:44:00	01:01:16	03:10:49

Plz	Verein						
20.	255	Starlight Team Essen III					
	42.	1034 Knauff, Matthias	00:17:36	01:31:34	00:46:45	02:35:55	
	53.	1033 Maerz, Christian	00:22:28	01:30:15	00:45:52	02:38:35	
	72.	1036 Seiler, Björn	00:19:11	01:36:27	00:52:59	02:48:37	
	88.	1035 Dickerboom, Yannick Marc	00:17:08	01:49:44	01:06:11	03:13:03	
21.	264	Tri Speed Herscheid II					
	41.	1012 Fache, Michael	00:19:07	01:30:34	00:46:01	02:35:42	
	70.	1010 Gräser, Ralf	00:15:29	01:36:27	00:55:50	02:47:46	
	73.	1011 Richter, Dietmar	00:21:25	01:38:06	00:50:17	02:49:48	
	80.	1009 Lachnitt, Frank	00:18:24	01:37:18	01:02:38	02:58:20	
22.	277	TuS Breitscheid					
	52.	1017 Weiner, Thomas	00:21:47	01:28:04	00:48:34	02:38:25	
	62.	1018 Schulte-Pitzke, Bernfrie	00:19:16	01:32:33	00:52:26	02:44:15	
	79.	1020 Grosser, Walter	00:20:07	01:40:58	00:55:56	02:57:01	
	84.	1019 Walter, Jonas	00:17:35	01:41:30	01:03:31	03:02:36	
23.	326	TSG Sprockhövel					
	38.	1057 Koch, Christian	00:17:46	01:28:09	00:49:12	02:35:07	
	82.	1060 Pickhardt, Marc	00:00:00	01:59:38	01:00:04	02:59:42	
	103	1058 Käsebier, Tanja	00:20:34	00:00:00	00:00:00	Aufgabe - Rad	
	103	1059 Zobel, Florian	00:00:00	00:00:00	00:00:00	Nicht am Start	

Plz	Verein						
24.	400	TRI-TEAM HAGEN III					
	100		1037 Start1037,	00:00:00	00:00:00	00:00:00	Nicht am Start
	100		1038 Start1038,	00:00:00	00:00:00	00:00:00	Nicht am Start
	100		1039 Start1039,	00:00:00	00:00:00	00:00:00	Nicht am Start
	100		1040 Start1040,	00:00:00	00:00:00	00:00:00	Nicht am Start
24.	400	Tri Duck Dorsten III					
	100		1071 Start1071,	00:00:00	00:00:00	00:00:00	Nicht am Start
	100		1072 Start1072,	00:00:00	00:00:00	00:00:00	Nicht am Start
	100		1069 Start1069,	00:00:00	00:00:00	00:00:00	Nicht am Start
	100		1070 Start1070,	00:00:00	00:00:00	00:00:00	Nicht am Start

Strafen

1001 Wiczorek, Dieter

Helm zu früh geöffnet

Hagener Triathlon

22.05.2016

Oberliga

1000 m / 40 km / 10 km

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
1.	448	Lewanzik, Heiko	Tri Speed Marienfeld	00:14:53	01:12:06	00:36:15	02:03:14
2.	428	Härtel, Christian	Tri AS Hamm	00:15:00	01:14:01	00:36:16	02:05:17
3.	469	Ganser, Markus	Brander SV Tri Team III	00:16:14	01:11:42	00:38:53	02:06:49
4.	424	Raulf, Stefan	LV Tristar Oelde	00:16:13	01:13:53	00:37:44	02:07:50
5.	438	Siepe, Volker	Hildener AT - Triathlon I	00:16:56	01:12:35	00:40:00	02:09:31
6.	437	Quellmalz, Thorsten	Hildener AT - Triathlon I	00:15:22	01:15:29	00:39:16	02:10:07
7.	461	Hoppe, Sebastian	SV Blau-Weiß Bochum	00:13:54	00:00:00	01:56:14	02:10:08
8.	401	Im Brahm, Carsten	TRC Essen 84 II	00:14:22	01:15:34	00:40:53	02:10:49
9.	449	Appelhans, Daniel	RC Sorpesee	00:16:35	00:00:00	01:54:19	02:10:54
10.	465	Schiffers, Andre	DLC Aachen III	00:16:34	01:17:13	00:37:17	02:11:04
11.	441	Gosebrink, Jens	Bayer 05 Uerdingen IV	00:14:17	01:17:45	00:39:31	02:11:33
12.	446	Roggenland, Daniel	Tri Speed Marienfeld	00:12:57	01:19:06	00:39:36	02:11:39
13.	410	Dinraths, Christian	M.Gladbacher TV 1848	00:13:25	01:17:09	00:41:41	02:12:15
14.	445	Bradler, Claas	Tri Speed Marienfeld	00:14:30	01:17:00	00:40:47	02:12:17
15.	409	Merelles, Fernando	M.Gladbacher TV 1848	00:16:08	01:16:54	00:39:56	02:12:58

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
16.	418	Wegener, Olaf	SC Aquarius Löhne I	00:16:59	01:16:58	00:39:08	02:13:05
17.	462	Grabe, Leonhard	SV Blau-Weiß Bochum	00:13:25	01:19:31	00:40:19	02:13:15
17.	439	Geilenberg, Mark	Hildener AT - Triathlon I	00:16:20	01:15:51	00:41:04	02:13:15
19.	420	Mohrmann, Niko	SC Aquarius Löhne I	00:16:41	00:00:00	01:56:49	02:13:30
20.	432	Nicksch, Christoph	Kölner Triathlon Team 01 IV	00:14:38	00:00:00	01:59:39	02:14:17
21.	467	Schneppe, Tobias	DLC Aachen III	00:13:51	01:17:57	00:42:52	02:14:40
22.	430	Dale, Robert	Kölner Triathlon Team 01 IV	00:16:39	01:16:00	00:42:11	02:14:50
23.	407	Welsch, Rüdiger	TuS Breitscheid	00:14:35	01:17:42	00:42:43	02:15:00
24.	404	Laschet, Christian	TRC Essen 84 II	00:16:18	01:15:22	00:43:23	02:15:03
25.	450	Beltermann, Hubertus	RC Sarpesee	00:16:21	01:15:57	00:42:48	02:15:06
26.	451	Rossmann, Marc	RC Sarpesee	00:14:27	01:16:23	00:45:04	02:15:54
27.	466	Schmidt, Oliver	DLC Aachen III	00:17:39	01:16:58	00:41:28	02:16:05
28.	414	Ritzmann, Sebastian	Moerser TV Triathlon	00:16:36	01:18:36	00:41:10	02:16:22
29.	412	Laermann, Ralf	M.Gladbacher TV 1848	00:16:45	01:18:41	00:41:12	02:16:38
30.	422	Karwinkel, Helmut	LV Tristar Oelde	00:18:29	01:18:26	00:39:57	02:16:52
31.	429	Blaeser, Veit	Kölner Triathlon Team 01 IV	00:16:38	01:21:33	00:38:46	02:16:57
32.	415	Kirschbaum, Arne	Moerser TV Triathlon	00:19:22	01:18:57	00:38:43	02:17:02
33.	468	Watermeyer, Fabian	DLC Aachen III	00:15:10	01:20:33	00:41:46	02:17:29
34.	463	Göress, Jörg	SV Blau-Weiß Bochum	00:17:47	01:17:54	00:42:18	02:17:59
35.	452	Schulte-Pieper, Thomas	RC Sarpesee	00:17:28	01:14:31	00:46:04	02:18:03

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
36.	435	Hänel, Jan Moritz	PV Triathlon Witten II	00:14:08	01:18:34	00:45:28	02:18:10
37.	447	Kriefft, Jan	Tri Speed Marienfeld	00:16:32	01:18:37	00:43:25	02:18:34
38.	426	Berger, Christoph	Tri AS Hamm	00:14:25	01:22:00	00:42:27	02:18:52
39.	471	Höfler, Matthias	Brander SV Tri Team III	00:15:09	01:20:25	00:43:30	02:19:04
40.	433	Goltsch, Tillmann	PV Triathlon Witten II	00:19:03	01:23:11	00:36:51	02:19:05
41.	402	Pulla, Friedemann	TRC Essen 84 II	00:15:50	01:18:31	00:45:22	02:19:43
42.	453	Mendorf, Matthias	Rückenwind Geckos Dortmund III	00:16:53	01:22:11	00:41:17	02:20:21
43.	419	Westerholz, Thorsten	SC Aquarius Löhne I	00:18:33	01:13:25	00:48:31	02:20:29
44.	411	Guillermo, Aparicia	M.Gladbacher TV 1848	00:16:27	01:24:18	00:40:01	02:20:46
45.	455	Zahn, Paul	Rückenwind Geckos Dortmund III	00:14:28	01:19:03	00:47:55	02:21:26
46.	408	Felgenträger, Jörg	TuS Breitscheid	00:16:41	01:19:30	00:45:24	02:21:35
47.	440	Barthelmes, Hans Ullrich	Hildener AT - Triathlon I	00:18:41	01:21:13	00:42:07	02:22:01
48.	406	Pitzke, Till	TuS Breitscheid	00:15:44	01:23:59	00:42:22	02:22:05
49.	459	Balg, Jürgen	Tri Sport Team Verl II	00:17:54	01:24:00	00:40:56	02:22:50
50.	416	Liesebach, Florian	Moerser TV Triathlon	00:18:08	01:23:59	00:41:26	02:23:33
51.	473	Damm, Simon	Triathlon Team Witten V	00:19:04	01:23:52	00:41:29	02:24:25
52.	436	Hölscher, Matthias	PV Triathlon Witten II	00:18:45	01:22:20	00:43:49	02:24:54
53.	421	Graw, Burkhard	LV Tristar Oelde	00:16:44	01:21:54	00:46:19	02:24:57
54.	457	Tigges, Sebastian	Tri Sport Team Verl II	00:16:12	01:24:01	00:45:00	02:25:13

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
55.	427	Wenke, Christoph	Tri AS Hamm	00:14:41	01:24:19	00:47:09	02:26:09
56.	413	Bullermann, Alexander	Moerser TV Triathlon	00:19:36	01:26:16	00:40:21	02:26:13
57.	476	Wucherpennig, Sven	Triathlon Team Witten V	00:16:32	01:23:52	00:46:18	02:26:42
58.	464	Jäger, Thomas	SV Blau-Weiß Bochum	00:16:49	01:23:14	00:47:03	02:27:06
59.	475	Keim, Adrian	Triathlon Team Witten V	00:17:29	00:00:00	02:09:54	02:27:23
60.	423	Knaup, Andreas	LV Tristar Oelde	00:18:20	01:24:21	00:45:48	02:28:29
61.	444	Nedim, Yildiz	Bayer 05 Uerdingen IV	00:18:13	01:23:58	00:46:30	02:28:41
62.	405	Egin-Richter, Taner	TuS Breitscheid	00:16:32	01:30:26	00:42:29	02:29:27
63.	442	Schröter, Matthias	Bayer 05 Uerdingen IV	00:17:08	01:29:54	00:43:19	02:30:21
64.	474	Dettmar, Thomas	Triathlon Team Witten V	00:15:19	00:00:00	02:16:12	02:31:31
65.	458	Strunz, Dirk	Tri Sport Team Verl II	00:15:58	01:27:03	00:48:44	02:31:45
66.	460	Erb, Daniel	Tri Sport Team Verl II	00:16:52	01:26:52	00:49:16	02:33:00
67.	417	Kempe, Michael	SC Aquarius Löhne I	00:15:18	01:31:30	00:49:35	02:36:23
68.	443	Mandel, Marcel	Bayer 05 Uerdingen IV	00:19:17	01:28:06	00:49:03	02:36:26
69.	472	Krützen, Ingo	Brander SV Tri Team III	00:16:57	01:26:41	00:53:05	02:36:43
70.	456	Fromme, Sebastian	Rückenwind Geckos Dortmund III	00:13:38	01:30:30	00:52:56	02:37:04
71.	434	Haag, Stephan	PV Triathlon Witten II	00:18:17	01:30:23	00:48:30	02:37:10
72.	454	Töpfer, Alexander	Rückenwind Geckos Dortmund III	00:16:45	01:31:21	00:50:05	02:38:11

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
73.	425	Kleine, Markus	Tri AS Hamm	00:18:38	01:30:50	00:53:21	02:42:49
74.	431	Frühling, Johann	Kölner Triathlon Team 01 IV	00:16:05	01:30:40	00:57:03	02:43:48
	470	Velten, Pascal	Brander SV Tri Team III	00:19:21	00:00:00	00:00:00	Aufgabe - Rad
	403	Kriege, Markus	TRC Essen 84 II	00:15:05	00:00:00	00:00:00	Aufgabe - Rad

Hagener Triathlon

22.05.2016

Oberliga

Plz	Verein					
1.	64	Tri Speed Marienfeld				
	1.	448 Lewanzik, Heiko	00:14:53	01:12:06	00:36:15	02:03:14
	12.	446 Roggenland, Daniel	00:12:57	01:19:06	00:39:36	02:11:39
	14.	445 Bradler, Claas	00:14:30	01:17:00	00:40:47	02:12:17
	37.	447 Krieft, Jan	00:16:32	01:18:37	00:43:25	02:18:34
2.	75	Hildener AT - Triathlon I				
	5.	438 Siepe, Volker	00:16:56	01:12:35	00:40:00	02:09:31
	6.	437 Quellmalz, Thorsten	00:15:22	01:15:29	00:39:16	02:10:07
	17.	439 Geilenberg, Mark	00:16:20	01:15:51	00:41:04	02:13:15
	47.	440 Barthelmes, Hans Ullrich	00:18:41	01:21:13	00:42:07	02:22:01
3.	91	DLC Aachen III				
	10.	465 Schiffers, Andre	00:16:34	01:17:13	00:37:17	02:11:04
	21.	467 Schneppe, Tobias	00:13:51	01:17:57	00:42:52	02:14:40
	27.	466 Schmidt, Oliver	00:17:39	01:16:58	00:41:28	02:16:05
	33.	468 Watermeyer, Fabian	00:15:10	01:20:33	00:41:46	02:17:29
4.	95	RC Sorpesee				
	9.	449 Appelhans, Daniel	00:16:35	00:00:00	01:54:19	02:10:54
	25.	450 Beltermann, Hubertus	00:16:21	01:15:57	00:42:48	02:15:06
	26.	451 Rossmann, Marc	00:14:27	01:16:23	00:45:04	02:15:54
	35.	452 Schulte-Pieper, Thomas	00:17:28	01:14:31	00:46:04	02:18:03

Plz	Verein						
5.	101	M.Gladbacher TV 1848					
	13.	410 Dinraths, Christian	00:13:25	01:17:09	00:41:41	02:12:15	
	15.	409 Merelles, Fernando	00:16:08	01:16:54	00:39:56	02:12:58	
	29.	412 Laermann, Ralf	00:16:45	01:18:41	00:41:12	02:16:38	
	44.	411 Guillermo, Aparicia	00:16:27	01:24:18	00:40:01	02:20:46	
6.	116	SV Blau-Weiß Bochum					
	7.	461 Hoppe, Sebastian	00:13:54	00:00:00	01:56:14	02:10:08	
	17.	462 Grabe, Leonhard	00:13:25	01:19:31	00:40:19	02:13:15	
	34.	463 Göress, Jörg	00:17:47	01:17:54	00:42:18	02:17:59	
	58.	464 Jäger, Thomas	00:16:49	01:23:14	00:47:03	02:27:06	
7.	145	SC Aquarius Löhne I					
	16.	418 Wegener, Olaf	00:16:59	01:16:58	00:39:08	02:13:05	
	19.	420 Mohrmann, Niko	00:16:41	00:00:00	01:56:49	02:13:30	
	43.	419 Westerholz, Thorsten	00:18:33	01:13:25	00:48:31	02:20:29	
	67.	417 Kempe, Michael	00:15:18	01:31:30	00:49:35	02:36:23	
8.	147	Kölner Triathlon Team 01 IV					
	20.	432 Nicksch, Christoph	00:14:38	00:00:00	01:59:39	02:14:17	
	22.	430 Dale, Robert	00:16:39	01:16:00	00:42:11	02:14:50	
	31.	429 Blaeser, Veit	00:16:38	01:21:33	00:38:46	02:16:57	
	74.	431 Frühling, Johann	00:16:05	01:30:40	00:57:03	02:43:48	
8.	147	LV Tristar Oelde					
	4.	424 Raulf, Stefan	00:16:13	01:13:53	00:37:44	02:07:50	
	30.	422 Karwinkel, Helmut	00:18:29	01:18:26	00:39:57	02:16:52	
	53.	421 Graw, Burkhard	00:16:44	01:21:54	00:46:19	02:24:57	
	60.	423 Knaup, Andreas	00:18:20	01:24:21	00:45:48	02:28:29	

Plz	Verein				
10.	152	TRC Essen 84 II			
8.	401	Im Brahm, Carsten	00:14:22	01:15:34	00:40:53 02:10:49
24.	404	Laschet, Christian	00:16:18	01:15:22	00:43:23 02:15:03
41.	402	Pulla, Friedemann	00:15:50	01:18:31	00:45:22 02:19:43
79.	403	Kriege, Markus	00:15:05	00:00:00	00:00:00 Aufgabe - Rad
11.	166	Moerser TV Triathlon			
28.	414	Ritzmann, Sebastian	00:16:36	01:18:36	00:41:10 02:16:22
32.	415	Kirschbaum, Arne	00:19:22	01:18:57	00:38:43 02:17:02
50.	416	Lieseback, Florian	00:18:08	01:23:59	00:41:26 02:23:33
56.	413	Bullermann, Alexander	00:19:36	01:26:16	00:40:21 02:26:13
12.	168	Tri AS Hamm			
2.	428	Härtel, Christian	00:15:00	01:14:01	00:36:16 02:05:17
38.	426	Berger, Christoph	00:14:25	01:22:00	00:42:27 02:18:52
55.	427	Wenke, Christoph	00:14:41	01:24:19	00:47:09 02:26:09
73.	425	Kleine, Markus	00:18:38	01:30:50	00:53:21 02:42:49
13.	179	TuS Breitscheid			
23.	407	Welsch, Rüdiger	00:14:35	01:17:42	00:42:43 02:15:00
46.	408	Felgenträger, Jörg	00:16:41	01:19:30	00:45:24 02:21:35
48.	406	Pitzke, Till	00:15:44	01:23:59	00:42:22 02:22:05
62.	405	Egin-Richter, Taner	00:16:32	01:30:26	00:42:29 02:29:27
14.	190	Brander SV Tri Team III			
3.	469	Ganser, Markus	00:16:14	01:11:42	00:38:53 02:06:49
39.	471	Höfler, Matthias	00:15:09	01:20:25	00:43:30 02:19:04
69.	472	Krützen, Ingo	00:16:57	01:26:41	00:53:05 02:36:43
79.	470	Velten, Pascal	00:19:21	00:00:00	00:00:00 Aufgabe - Rad

Plz	Verein					
15.	199	PV Triathlon Witten II				
	36.	435 Hänel, Jan Moritz	00:14:08	01:18:34	00:45:28	02:18:10
	40.	433 Goltzsch, Tillmann	00:19:03	01:23:11	00:36:51	02:19:05
	52.	436 Hölscher, Matthias	00:18:45	01:22:20	00:43:49	02:24:54
	71.	434 Haag, Stephan	00:18:17	01:30:23	00:48:30	02:37:10
16.	203	Bayer 05 Uerdingen IV				
	11.	441 Gosebrink, Jens	00:14:17	01:17:45	00:39:31	02:11:33
	61.	444 Nedim, Yildiz	00:18:13	01:23:58	00:46:30	02:28:41
	63.	442 Schröter, Matthias	00:17:08	01:29:54	00:43:19	02:30:21
	68.	443 Mandel, Marcel	00:19:17	01:28:06	00:49:03	02:36:26
17.	229	Rückenwind Geckos Dortmund III				
	42.	453 Mendorf, Matthias	00:16:53	01:22:11	00:41:17	02:20:21
	45.	455 Zahn, Paul	00:14:28	01:19:03	00:47:55	02:21:26
	70.	456 Fromme, Sebastian	00:13:38	01:30:30	00:52:56	02:37:04
	72.	454 Töpfer, Alexander	00:16:45	01:31:21	00:50:05	02:38:11
18.	231	Triathlon Team Witten V				
	51.	473 Damm, Simon	00:19:04	01:23:52	00:41:29	02:24:25
	57.	476 Wucherpfennig, Sven	00:16:32	01:23:52	00:46:18	02:26:42
	59.	475 Keim, Adrian	00:17:29	00:00:00	02:09:54	02:27:23
	64.	474 Dettmar, Thomas	00:15:19	00:00:00	02:16:12	02:31:31
19.	234	Tri Sport Team Verl II				
	49.	459 Balg, Jürgen	00:17:54	01:24:00	00:40:56	02:22:50
	54.	457 Tigges, Sebastian	00:16:12	01:24:01	00:45:00	02:25:13
	65.	458 Strunz, Dirk	00:15:58	01:27:03	00:48:44	02:31:45
	66.	460 Erb, Daniel	00:16:52	01:26:52	00:49:16	02:33:00

Plz

Verein

Strafen

1001 Wiczorek, Dieter

Helm zu früh geöffnet

Hagener Triathlon

22.05.2016

Verbandsliga Mitte Süd

1000 m / 40 km / 10 km

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
1.	1240	Schuhmachers, Jörg	Dülkener SV 06	00:16:17	01:14:10	00:37:17	02:07:44
2.	1217	Barrenstein, Demian	Schwelmer SC	00:14:20	01:14:06	00:40:00	02:08:26
3.	1222	Minke, Sebastian	Krefelder Kanu Klub 2	00:17:40	01:14:53	00:36:43	02:09:16
4.	1210	Reinders, Yves	TuS Xanten	00:14:55	01:16:10	00:39:24	02:10:29
5.	1224	Künsler, Stefan	Krefelder Kanu Klub 2	00:14:25	01:15:24	00:41:21	02:11:10
6.	1250	Müller, Christoph	TRC Essen 84 III	00:16:53	01:16:12	00:38:18	02:11:23
7.	1213	Moch, Andreas	SG Welper	00:16:26	01:14:38	00:40:24	02:11:28
8.	1243	Jansen, Lars	Tri Minators Voerde	00:17:34	01:15:29	00:39:12	02:12:15
9.	1261	Kowalke, Jörg	Iserlohner Triathlon Team	00:20:11	01:14:41	00:38:33	02:13:25
10.	1229	Jedryka, Lukas	TV Goch	00:15:37	01:18:47	00:39:21	02:13:45
11.	1238	Gerhards, Sven	Dülkener SV 06	00:14:40	01:19:38	00:42:26	02:16:44
12.	1215	Jeschina, Lorant	SG Welper	00:15:11	01:15:22	00:46:17	02:16:50
13.	1239	Schroers, Michael	Dülkener SV 06	00:17:02	01:19:25	00:40:27	02:16:54
14.	1226	Eggert, Jan	Tri Club Wuppertal II	00:17:42	01:19:55	00:40:05	02:17:42
15.	1246	Eicker, Sven	Union Blau-Weiß Biesfeld	00:17:21	01:16:57	00:43:31	02:17:49
16.	1202	Hetkamp, Fabian	Bocholter WSV II	00:15:18	01:20:41	00:41:54	02:17:53
17.	1245	Grewe, Marc	Union Blau-Weiß Biesfeld	00:19:34	01:17:41	00:41:08	02:18:23

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
18.	1204	Nickel, Daniel	Bocholter WSV II	00:16:48	01:19:49	00:42:00	02:18:37
19.	1208	Lürken, Franz-Josef	Team Indeland Eschweiler II	00:19:28	00:00:00	01:59:33	02:19:01
20.	1233	Weiß, Ben	Freie Schwimmer Düsseldorf II	00:16:15	01:22:53	00:40:38	02:19:46
21.	1264	Sülberg, Rainer	Iserlohner Triathlon Team	00:21:42	01:15:27	00:42:41	02:19:50
22.	1219	Kunz, Guido	Schwelmer SC	00:15:39	01:22:52	00:41:20	02:19:51
23.	1254	Niehues, Torsten	Herner Triathlon Team 11 II	00:17:04	01:18:32	00:44:51	02:20:27
24.	1209	Thüs, Georg	TuS Xanten	00:17:44	01:21:28	00:41:36	02:20:48
24.	1265	Zippert, Jürgen	Hildener AT - Triathlon II	00:18:34	01:20:22	00:41:52	02:20:48
26.	1251	Jany, Thomas	TRC Essen 84 III	00:16:37	01:23:14	00:41:11	02:21:02
27.	1236	Lassak, Ingo	Freie Schwimmer Düsseldorf II	00:16:20	01:21:12	00:43:33	02:21:05
28.	1203	Rüter, Johannes	Bocholter WSV II	00:18:35	01:20:33	00:42:31	02:21:39
29.	1262	Siekmann, Sascha	Iserlohner Triathlon Team	00:16:38	01:19:48	00:45:15	02:21:41
30.	1247	Hohagen, Tobias	Union Blau-Weiß Biesfeld	00:18:33	01:22:07	00:41:02	02:21:42
31.	1248	Kufner, Marco	Union Blau-Weiß Biesfeld	00:16:41	01:18:32	00:46:34	02:21:47
32.	1269	Esser, Björn	Nordtriathleten Oberhausen I	00:19:04	01:20:55	00:42:05	02:22:04
33.	1232	Krebber, Thea	TV Goch	00:17:15	01:22:08	00:43:02	02:22:25
34.	1207	Botterweck, Pjotr	Team Indeland Eschweiler II	00:18:24	01:20:09	00:44:24	02:22:57
34.	1267	Kadach, Christian	Hildener AT - Triathlon II	00:17:10	01:23:44	00:42:03	02:22:57
36.	1266	Möllenhoff, Klaus	Hildener AT - Triathlon II	00:17:25	01:23:35	00:42:01	02:23:01

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
37.	1258	Gajewski, Merlin	SC Bayer 05 Uerdingen V	00:18:54	01:21:56	00:42:17	02:23:07
38.	1230	Lörcks, Christoph	TV Goch	00:17:38	01:22:07	00:43:30	02:23:15
39.	1205	Haar, Walter	Team Indeland Eschweiler II	00:15:32	01:24:23	00:43:26	02:23:21
40.	1211	Kootstra, Niclas	TuS Xanten	00:18:37	01:23:23	00:41:26	02:23:26
41.	1206	Méro, Thorsten	Team Indeland Eschweiler II	00:19:47	01:20:54	00:42:56	02:23:37
42.	1221	Bucher, Andreas	Krefelder Kanu Klub 2	00:17:30	01:23:20	00:43:07	02:23:57
43.	1272	Komes, Max Paul	Nordtriathleten Oberhausen I	00:16:54	01:24:31	00:44:18	02:25:43
44.	1263	Becker, Tilo	Iserlohner Triathlon Team	00:18:25	01:21:53	00:45:45	02:26:03
45.	1225	Drees, Julius	Tri Club Wuppertal II	00:18:09	01:21:31	00:46:25	02:26:05
46.	1231	Heutgens, Ludger	TV Goch	00:19:49	01:25:34	00:40:46	02:26:09
47.	1249	Nassar, Najib	TRC Essen 84 III	00:16:58	01:23:35	00:45:46	02:26:19
48.	1223	Hampel, Jochen	Krefelder Kanu Klub 2	00:15:47	00:00:00	02:10:53	02:26:40
49.	1218	Gorschlüter, Bernd	Schwelmer SC	00:16:12	01:22:59	00:48:35	02:27:46
50.	1237	Gehlen, Tobias	Dülkener SV 06	00:14:29	01:26:54	00:46:27	02:27:50
51.	1259	Trenn, Gerhard	SC Bayer 05 Uerdingen V	00:18:06	01:28:25	00:42:34	02:29:05
52.	1227	Hens, Andreas	Tri Club Wuppertal II	00:18:40	01:24:15	00:46:16	02:29:11
53.	1244	Kuhnert, Rene	Tri Minators Voerde	00:15:53	01:25:15	00:48:19	02:29:27
54.	1257	Koch, Florian	SC Bayer 05 Uerdingen V	00:17:00	01:27:25	00:45:05	02:29:30
55.	1234	Thiel, Björn	Freie Schwimmer Düsseldorf II	00:18:00	01:25:04	00:46:39	02:29:43
56.	1214	Janzen, Berthold	SG Welper	00:19:50	01:23:11	00:47:13	02:30:14

Plz	SNr	Name	Verein	Swim	Bike	Run	Endzeit
57.	1270	Meier, Jens Oliver	Nordtriathleten Oberhausen I	00:18:52	01:27:32	00:45:18	02:31:42
58.	1220	Zarges, Max	Schwelmer SC	00:15:30	01:28:52	00:48:46	02:33:08
59.	1235	Oseseck, Holger	Freie Schwimmer Düsseldorf II	00:20:39	01:29:17	00:43:19	02:33:15
60.	1256	Meier, Olaf	Herner Triathlon Team 11 II	00:18:50	01:26:13	00:49:08	02:34:11
61.	1201	Himpler, Ralf	Bocholter WSV II	00:21:49	01:29:27	00:43:02	02:34:18
62.	1242	Von Gerkan, Oliver	Tri Minators Voerde	00:17:02	01:26:52	00:50:25	02:34:19
63.	1252	Geß, Marc-Olaf	TRC Essen 84 III	00:16:25	01:25:33	00:53:12	02:35:10
64.	1212	Arntzen, Janek	TuS Xanten	00:20:04	01:28:03	00:47:49	02:35:56
65.	1271	Wieschemann, Frank	Nordtriathleten Oberhausen I	00:18:27	01:30:16	00:47:39	02:36:22
66.	1268	Döpfer, Marco	Hildener AT - Triathlon II	00:16:40	01:27:40	00:52:06	02:36:26
67.	1253	Rosin, Marc	Herner Triathlon Team 11 II	00:16:41	01:33:46	00:46:39	02:37:06
68.	1228	Nowakowski, Marc	Tri Club Wuppertal II	00:20:37	01:29:13	00:47:24	02:37:14
69.	1241	Behnsch, Michael	Tri Minators Voerde	00:20:00	01:22:50	00:54:42	02:37:32
70.	1255	Biesalski, Sebastian	Herner Triathlon Team 11 II	00:18:41	01:29:42	00:51:16	02:39:39
71.	1260	Kuhlemann, Florian	SC Bayer 05 Uerdingen V	00:20:19	01:29:52	00:49:35	02:39:46
72.	1216	Döring, Falko	SG Welper	00:16:18	01:31:34	00:53:49	02:41:41

Hagener Triathlon

22.05.2016

Verbandsliga Mitte Süd

Plz	Verein						
1.	75	Dülkener SV 06					
	1.	1240 Schuhmachers, Jörg	00:16:17	01:14:10	00:37:17	02:07:44	
	11.	1238 Gerhards, Sven	00:14:40	01:19:38	00:42:26	02:16:44	
	13.	1239 Schroers, Michael	00:17:02	01:19:25	00:40:27	02:16:54	
	50.	1237 Gehlen, Tobias	00:14:29	01:26:54	00:46:27	02:27:50	
2.	93	Union Blau-Weiß Biesfeld					
	15.	1246 Eicker, Sven	00:17:21	01:16:57	00:43:31	02:17:49	
	17.	1245 Grewe, Marc	00:19:34	01:17:41	00:41:08	02:18:23	
	30.	1247 Hohagen, Tobias	00:18:33	01:22:07	00:41:02	02:21:42	
	31.	1248 Kufner, Marco	00:16:41	01:18:32	00:46:34	02:21:47	
3.	98	Krefelder Kanu Klub 2					
	3.	1222 Minke, Sebastian	00:17:40	01:14:53	00:36:43	02:09:16	
	5.	1224 Künsler, Stefan	00:14:25	01:15:24	00:41:21	02:11:10	
	42.	1221 Bucher, Andreas	00:17:30	01:23:20	00:43:07	02:23:57	
	48.	1223 Hampel, Jochen	00:15:47	00:00:00	02:10:53	02:26:40	
4.	103	Iserlohner Triathlon Team					
	9.	1261 Kowalke, Jörg	00:20:11	01:14:41	00:38:33	02:13:25	
	21.	1264 Sülberg, Rainer	00:21:42	01:15:27	00:42:41	02:19:50	
	29.	1262 Siekmann, Sascha	00:16:38	01:19:48	00:45:15	02:21:41	
	44.	1263 Becker, Tilo	00:18:25	01:21:53	00:45:45	02:26:03	

Plz	Verein						
5.	123	Bocholter WSV II					
	16.	1202 Hetkamp, Fabian	00:15:18	01:20:41	00:41:54	02:17:53	
	18.	1204 Nickel, Daniel	00:16:48	01:19:49	00:42:00	02:18:37	
	28.	1203 Rüter, Johannes	00:18:35	01:20:33	00:42:31	02:21:39	
	61.	1201 Himpler, Ralf	00:21:49	01:29:27	00:43:02	02:34:18	
6.	127	TV Goch					
	10.	1229 Jedryka, Lukas	00:15:37	01:18:47	00:39:21	02:13:45	
	33.	1232 Krebber, Thea	00:17:15	01:22:08	00:43:02	02:22:25	
	38.	1230 Lörcks, Christoph	00:17:38	01:22:07	00:43:30	02:23:15	
	46.	1231 Heutgens, Ludger	00:19:49	01:25:34	00:40:46	02:26:09	
7.	131	Schwelmer SC					
	2.	1217 Barrenstein, Demian	00:14:20	01:14:06	00:40:00	02:08:26	
	22.	1219 Kunz, Guido	00:15:39	01:22:52	00:41:20	02:19:51	
	49.	1218 Gorschlüter, Bernd	00:16:12	01:22:59	00:48:35	02:27:46	
	58.	1220 Zarges, Max	00:15:30	01:28:52	00:48:46	02:33:08	
8.	132	TuS Xanten					
	4.	1210 Reinders, Yves	00:14:55	01:16:10	00:39:24	02:10:29	
	24.	1209 Thüs, Georg	00:17:44	01:21:28	00:41:36	02:20:48	
	40.	1211 Kootstra, Niclas	00:18:37	01:23:23	00:41:26	02:23:26	
	64.	1212 Arntzen, Janek	00:20:04	01:28:03	00:47:49	02:35:56	
9.	133	Team Indeland Eschweiler II					
	19.	1208 Lürken, Franz-Josef	00:19:28	00:00:00	01:59:33	02:19:01	
	34.	1207 Botterweck, Pjotr	00:18:24	01:20:09	00:44:24	02:22:57	
	39.	1205 Haar, Walter	00:15:32	01:24:23	00:43:26	02:23:21	
	41.	1206 Méro, Thorsten	00:19:47	01:20:54	00:42:56	02:23:37	

Plz	Verein					
10.	142	TRC Essen 84 III				
6.	1250	Müller, Christoph	00:16:53	01:16:12	00:38:18	02:11:23
26.	1251	Jany, Thomas	00:16:37	01:23:14	00:41:11	02:21:02
47.	1249	Nassar, Najib	00:16:58	01:23:35	00:45:46	02:26:19
63.	1252	Geß, Marc-Olaf	00:16:25	01:25:33	00:53:12	02:35:10
11.	147	SG Welper				
7.	1213	Moch, Andreas	00:16:26	01:14:38	00:40:24	02:11:28
12.	1215	Jeschina, Lorant	00:15:11	01:15:22	00:46:17	02:16:50
56.	1214	Janzen, Berthold	00:19:50	01:23:11	00:47:13	02:30:14
72.	1216	Döring, Falko	00:16:18	01:31:34	00:53:49	02:41:41
12.	160	Hildener AT - Triathlon II				
24.	1265	Zippert, Jürgen	00:18:34	01:20:22	00:41:52	02:20:48
34.	1267	Kadach, Christian	00:17:10	01:23:44	00:42:03	02:22:57
36.	1266	Möllenhoff, Klaus	00:17:25	01:23:35	00:42:01	02:23:01
66.	1268	Döpfer, Marco	00:16:40	01:27:40	00:52:06	02:36:26
13.	161	Freie Schwimmer Düsseldorf II				
20.	1233	Weiß, Ben	00:16:15	01:22:53	00:40:38	02:19:46
27.	1236	Lassak, Ingo	00:16:20	01:21:12	00:43:33	02:21:05
55.	1234	Thiel, Björn	00:18:00	01:25:04	00:46:39	02:29:43
59.	1235	Osesek, Holger	00:20:39	01:29:17	00:43:19	02:33:15
14.	179	Tri Club Wuppertal II				
14.	1226	Eggert, Jan	00:17:42	01:19:55	00:40:05	02:17:42
45.	1225	Drees, Julius	00:18:09	01:21:31	00:46:25	02:26:05
52.	1227	Hens, Andreas	00:18:40	01:24:15	00:46:16	02:29:11
68.	1228	Nowakowski, Marc	00:20:37	01:29:13	00:47:24	02:37:14

Plz	Verein						
15.	192	Tri Minators Voerde					
	8.	1243	Jansen, Lars	00:17:34	01:15:29	00:39:12	02:12:15
	53.	1244	Kuhnert, Rene	00:15:53	01:25:15	00:48:19	02:29:27
	62.	1242	Von Gerkan, Oliver	00:17:02	01:26:52	00:50:25	02:34:19
	69.	1241	Behnsch, Michael	00:20:00	01:22:50	00:54:42	02:37:32
16.	197	Nordtriathleten Oberhausen I					
	32.	1269	Esser, Björn	00:19:04	01:20:55	00:42:05	02:22:04
	43.	1272	Komes, Max Paul	00:16:54	01:24:31	00:44:18	02:25:43
	57.	1270	Meier, Jens Oliver	00:18:52	01:27:32	00:45:18	02:31:42
	65.	1271	Wieschemann, Frank	00:18:27	01:30:16	00:47:39	02:36:22
17.	213	SC Bayer 05 Uerdingen V					
	37.	1258	Gajewski, Merlin	00:18:54	01:21:56	00:42:17	02:23:07
	51.	1259	Trenn, Gerhard	00:18:06	01:28:25	00:42:34	02:29:05
	54.	1257	Koch, Florian	00:17:00	01:27:25	00:45:05	02:29:30
	71.	1260	Kuhlemann, Florian	00:20:19	01:29:52	00:49:35	02:39:46
18.	220	Herner Triathlon Team 11 II					
	23.	1254	Niehues, Torsten	00:17:04	01:18:32	00:44:51	02:20:27
	60.	1256	Meier, Olaf	00:18:50	01:26:13	00:49:08	02:34:11
	67.	1253	Rosin, Marc	00:16:41	01:33:46	00:46:39	02:37:06
	70.	1255	Biesalski, Sebastian	00:18:41	01:29:42	00:51:16	02:39:39

Strafen

1001 Wieczorek, Dieter

Helm zu früh geöffnet